JUSTIN TIME

JUSTIN TRUDEAU LAUNCHES HIS CAMPAIGN FOR THE FEDERAL LIBERAL LEADERSHIP BEFORE AN EBULLIENT CROWD IN MONTREAL PAGE 6

Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

Lotto MAX Friday's Jackpot
$50 MILLION estimated
PLUS MAXMILLIONS
2 EXTRA estimated
$1 MILLION PRIZES

LONDON metro®

Wednesday, October 3, 2012

News worth sharing.

metronews.ca | twitter.com/themetrolondon | facebook.com/themetrolondon

'A difficult day': Bentley

Queen's Park. Tories, NDP vote to send contempt motion against London West MPP Chris Bentley to committee

Energy Minister Chris Bentley moved one step closer to being found in contempt of parliament on Tuesday after the opposition voted to send the issue to a legislative committee, which could recommend penalties, including jail time.

"This is a difficult day and it's a difficult proceeding," the London West MPP admitted minutes after the 53-50 vote in the legislature. "I make no bones about that."

Debate on the contempt motion blocked all other business at the legislature for the past week, including the daily question periods, with the Progressive Conservatives taunting Bentley that a finding of contempt could land the former attorney general behind bars.

"Obviously, that's a very difficult thing to have to listen to," he said.

The contempt motion was triggered by the government's initial refusal to release documents on the cost of cancelling two power plants in Oakville and Mississauga.

The government always planned to release the documents, but was worried making them public too soon would hurt its negotiating position with the developer of the cancelled Oakville power plant, Bentley said.

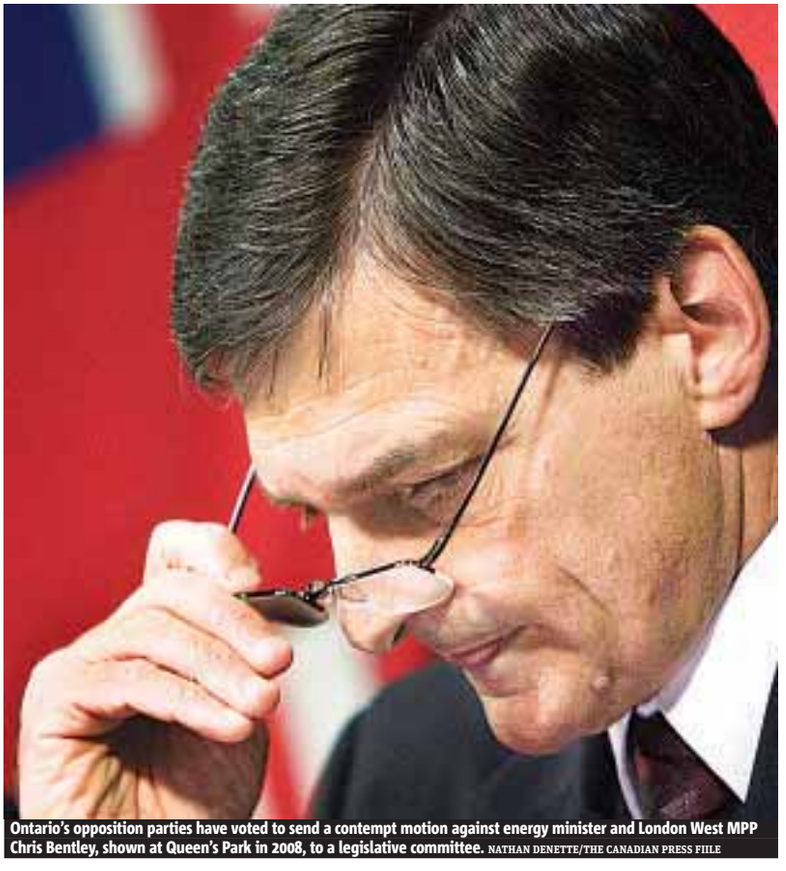
Once the Speaker ruled the data must be made public, the government released 36,000 pages of documents on the two cancelled energy projects, Bentley said.

The Tories and New Democrats ignored a last-minute appeal from Premier Dalton McGuinty not to vote for the contempt motion, which he said could have serious consequences for Bentley's "career, his reputation, his life," if passed.

"It is wrong to use the full force of the legislature to attack the integrity and reputation of an honourable colleague," McGuinty said. THE CANADIAN PRESS

Trial by committee

- The Tories and NDP have been anxious to get the issue to committee, where they can call witnesses, including Chris Bentley, before making a recommendation next month.
- Only a vote of the full legislature could find Bentley in contempt.



Ontario's opposition parties have voted to send a contempt motion against energy minister and London West MPP Chris Bentley, shown at Queen's Park in 2008, to a legislative committee. NATHAN DENETTE/THE CANADIAN PRESS FIILE

Vital question

Youth unemployment in London is in a dangerous downward spiral, the new Vital Signs study warns PAGE 2

Moving target

London Knights winger Seth Griffith is a skating bull's-eye for opposing teams, but he's trying to take it in stride PAGE 5

Liam Neeson, action man

From mild-mannered nice guy to taking out bad guys — the Irish film star's career takes another turn with the release of Taken 2 PAGE 13

Chill-out factor

Need to get far from the madding crowd? Let your hair down in a vintage Studebaker in Havana, or Metro's four other places to beat the stress PAGE 15

free FOR ALL
CONCERTS HOCKEY TICKETS SHOPPING SPREE FURNITURE CASH
OVER $30,000 in cash and prizes
free 98.1 FM.ca

NEWS 1

Youth unemployment a Vital problem: Experts

Worrying statistics.
Vital Signs report states 18.7 per cent of youth in the city are jobless — 3.9 per cent higher than the provincial average

JOHN MATISZ
john.matisz@metronews.ca

London's biannual Vital Signs report says the city is "only getting worse" for vulnerable members of its population.

The report, put together by the London Community Foundation, says the local 15-to-24-year-old demographic is having tremendous difficulties landing work.

As well, the average wait time for affordable housing in London is now 8.2 years. And, also of note, 40 per cent of homeless shelter users in the city have mental health or addiction issues.

"The one that was shocking and most upsetting to me was the youth unemployment rate," said Martha Powell, president/CEO of London Community Foundation.

"When you look at the overall unemployment rate in London, we're one of the worst in Canada. The impact of that is affecting our young people more than anyone else."

About the study

- Vital Signs is a "check-up" conducted by foundations across Canada. It measures the vitality of the given community and identifies important trends in a range of areas essential to quality of life.

'Have' or 'have-not'?

"I think London has always been seen as a 'have' community, not a 'have-not' community — but we aren't anymore."

Martha Powell, president/CEO of London Community Foundation

Vital Signs, published previously by the London Community Foundation in 2008 and 2010, notes that 18.7 per cent of youth in the city are jobless — 1.7 per cent and 3.9 per cent higher than national and provincial averages, respectively.

Steve Cordes, executive director of Youth Opportunities Unlimited — an organization based in London that focuses on finding employment for youth — believes there are jobs out there, but most youth employment seekers tend to get discouraged easily.

"People start losing hope and withdraw from the job market because they think, 'There's no jobs here, why bother?'" said Cordes.

"It's not true, but that becomes the perception."

He adds the 18.7 per cent equates to approximately 9,000 15- to-24-year-old unemployed Londoners who are not currently attending school.

Powell says the aforementioned challenges are a product of London "falling behind in terms of being innovative, forward-thinking, and a visionary."

London Community Foundation plans on announcing about $500,000 in grant donations over the next month, she adds. They will use findings from the report to guide them through the granting process, as well as set the tone for foundation meetings in the near future.

Rachel Chau, 17, of London, an employee at Youth Opportunities Unlimited's YOU Made It Café, shows customer Eric Belanger, 22, of London, the store's selection of muffins on Tuesday afternoon. YOU Made It Café, where the menu is prepared by at-risk youth, is an example of a countermeasure against London's growing youth unemployment rate.
JOHN MATISZ/METRO

Mobile news

Qriket

Man vs. bear? Scan the code to see how one woman's NIMBYism evolves into yelling at bears.

ASTIGMATISM?
LASIK corrects astigmatism more effectively than glasses or contact lenses.
LASIK starting at $490/eye* • FREE Consultation: 1-855-895-2020 • lasikmd.com/astigmatism
LASIK MD VISION

GAME ON SALE

0% FOR UP TO 84 MONTHS *PLUS* UP TO $7500 OFF ON SELECT MODELS

The all-new **2013 SANTA FE has arrived!**

Newly redesigned from the ground up this exciting vehicle is standard with:

- 6 speed automatic transmission
- Air conditioning • ABS brakes
- Power windows & locks
- Tilt • Cruise control • Fog lights
- AM/FM CD with ipod and MP3
- Bluetooth • 7 airbags
- Stability control • Traction control
- 17 inch alloy wheels

PLUS • 5 Year Warranty!!

BONUS! CURRENT HYUNDAI OWNERS SAVE AN EXTRA $750!

THE HYUNDAI ADVANTAGE

0.9% AVAILABLE

$27,999 +HST

$196 TAXES INCLUDED BIWEEKLY WITH $0 DOWN 2.99% 84 months

All 2012's MUST BE SOLD!

$7,000 OFF

2012 HYUNDAI
GENESIS SEDAN

The loaded luxury sedan that surprises everyone that drives it. Loaded premium package.

$272 TAXES INCLUDED BIWEEKLY WITH $0 DOWN 2.99% • 84 months

3 IN STOCK

2012 HYUNDAI
SONATA HYBRID

Save at the pumps with the gorgeous Sonata Hybrid, loaded with options and you save big at the pumps!

$179 TAXES INCLUDED BIWEEKLY WITH $0 DOWN 1.96% • 96 months

$7000 OFF

2012 HYUNDAI
VERACRUZ AWD

The spacious 7 passenger suv is sure to suit any size family, loaded with options and a v6 engine.

$214 TAXES INCLUDED BIWEEKLY WITH $0 DOWN 2.99% • 84 months

HUGE DEALS on 2013's!

10 IN STOCK

2013 HYUNDAI
ACCENT GL SEDAN

Nicely loaded with power option group A/C 5 year warranty and more.

$113 BIWEEKLY $0 DOWN 1.75% • 84mths

22 IN STOCK

2013 HYUNDAI
ELANTRA GL SEDAN

It's easy to see why Elantra was car of the year with power option group, automatic A/C, 5 year warranty and more.

$134 BIWEEKLY $0 DOWN 0.99% • 84mths

40 IN STOCK

2013 HYUNDAI
ELANTRA 5 GT

It's the new sporty 5 door hatch loaded with power option group, A/C, driver adjustable steering 5 year warranty and more.

$134 BIWEEKLY $0 DOWN 0.99% • 84mths

24 IN STOCK

2013 HYUNDAI
SONATA GL SEDAN

The stunning mid size sedan that has everyone talking. Equipped with power option group A/C automatic, great mileage, 5 year warranty and more.

$159 BIWEEKLY $0 DOWN 0% • 84mths

16 IN STOCK

2013 HYUNDAI
TUCSON GL SUV

The perfect size suv. Nicely equipped with power option group A/C automatic, great mileage, 5 year warranty and more.

$169 BIWEEKLY $0 DOWN 0.9% • 84 mths

ALL PAYMENTS INCLUDE ALL TAXES!

HYUNDAI

Finch

finch HYUNDAI

300 SOUTHDALE ROAD
email:hyundai@seefinchfirst.com
1-888-261-7471
www.seefinchfirst.com

*Vehicles are not exactly as described, sale price includes vehicle, fees and freight, $0 cash $0 applied. Tax plus HST extra. Payments include fees, and are HST included. Lic. and applicable fee extra. Rates vary on listed and are OAC. Eg. 2013 Accent is 192 payments at 1.79% cost of borrowing is $6244.31 Prices and rates subject to change.

Water. Residential fixed rates proposed to offset declining revenue

Property owners are likely to see a much greater emphasis placed on fixed rates as the city moves toward a new funding model for water and wastewater service.

City engineer John Braam all but assured that Tuesday as a conversation about the value of water was officially launched during a town hall meeting.

Revenue generated under the existing model — based 99 per cent on variable rates — simply isn't bringing in enough money to maintain the existing water and wastewater system, Braam said. Officials estimate a $500-million gap between revenue and infrastructure needs over the next 20 years.

Fixed rates could soon account for about 30 per cent of what residential users pay under a snapshot Braam provided Tuesday.

Administrators are expected to table several options for a new funding model during an Oct. 22 city council committee meeting.

Revenue generated from the existing model has been declining steadily since 2001, largely, officials say, because people have gotten the message that conserving water is important.

The trend wasn't noticed overnight. But, now that it's been observed, the city needs to act, Braam said.

"The urgency is upon us now," he said.

The existing funding model is not "going to be able to sustain our future."

ANGELA MULLINS/METRO

By the numbers

$500M

The estimated gap between revenue and infrastructure needs over the next 20 years.

On the web

- Tuesday's town hall meeting, which featured the CBC's Bob McDonald and a presentation from city staff, was recorded and portions will be posted at london.ca/julian.
- McDonald's talk will not be included in the recording on the website.
- People with questions for city staff can email julian@london.ca.

Dream Lottery

CLARIFICATION

The winner of the Ultimate Grand Prize in the Dream Lottery has three options to choose from: A fully-furnished Star Home in London with $500,000 cash and an Infiniti G37x in the driveway; a fully-furnished Renaissance Home in Grand Bend and $100,000 cash; or $1 million in cash.

Incomplete information appeared in Tuesday's Metro.

METRO

Cyber crime

Man charged after luring investigation

A London man faces two charges after an Internet luring investigation by the police's cyber crime unit.

Robbin Azzopardi, 30, was arrested Thursday at 10:30 a.m. He is charged with two counts of using telecommunication to communicate with a person under 16 years of age for the purpose of facilitating the commission of an offence. METRO

Tributes to victim mark site of fatal shooting

A woman glances at a memorial to shooting victim Terrell Johnson, 21, of London, Tuesday, as she walks past King and Richmond streets. Flowers, candles and hand-written messages have cropped up in the doorway of a building at the intersection where police say Johnson was shot early Sunday. He died in hospital. ANGELA MULLINS/METRO

Councillor clarifies smoking statements

No apologies. But Dale Henderson acknowledges message got a bit muddled

ANGELA MULLINS
angela.mullins@metronews.ca

Cigarettes and second-hand smoke kill people.

Coun. Dale Henderson doesn't dispute that. But, he says punishing smokers for their "addiction" by banning cigarettes in city parks isn't the answer to beating cancer.

Cracking that nut is much more complex and will require a harder look at a variety of things, including medically accepted treatments for the disease, air pollution, and the food we eat.

Simply put, those are the main points Henderson says he was trying to make in a Monday city hall debate during which he suggested the Canadian Cancer Society submit "real" research.

Dale Henderson
METRO FILE

"I'm a problem-solver; I'm not a politician," Henderson said Tuesday. "I want to solve some problems (without) taking away our rights."

Henderson — known for making rambling, often off-topic speeches during council meetings — makes no apologies for his statements. He does, however, acknowledge that his points may have become muddled Monday as he tried to cram "a lot of information" into limited floor time.

"It probably was not right, but, then again, hey, I've only got four years to play my game," he said Tuesday when asked if he might have chosen a bad time to "solve" the cancer problem.

Instead of going after smokers, politicians need to go after cigarette manufacturers, passing laws that require they "take all the bad things out of cigarettes," Henderson says.

"They've got about 1,000 chemicals in them and one of those is gunpowder," he said Tuesday, noting removing the additives could lead to "a cigarette that doesn't kill people."

He also wants to see public dollars put toward research — like medical trials — that would lead to doctors taking on cancer treatments outside chemotherapy and operations as standard "protocol."

Henderson's wife, a nurse, had cancer and "was killed by chemo six years ago."

"She wouldn't do anything else but what (the doctors) said," the councillor said. "If she'd gone to places I know in Germany and Holland, she'd still be alive today."

Follow Angela Mullins on Twitter @MetroAngela

The 'real' research

- While Coun. Dale Henderson says he doesn't doubt smoking research touted by the Canadian Cancer Society, he's tired of hearing the same facts stated over and over again.
- In essence, Henderson said, he's tired of hearing "sound bites" about cancer and thinks it's time to start paying more attention to things outside of smoking that are causing cancer.
- Joanne Di Nardo, senior manager of public issues for the Canadian Cancer Society, stressed that the non-profit does take a broad approach to the disease. Healthy eating and active living are among the agency's endorsed prevention methods.

Local startup launches scratch-and-save app

James Lynch, 28, and Diana Robbins, 25, both of London, are co-owners of the Scratchd mobile application, which is simply a digitalized scratch-and-save ticket. JOHN MATISZ/METRO

A revamped version of the classic scratch-and-save ticket is here, thanks to a pair of London entrepreneurs.

Scratchd, a smartphone application startup co-owned by Diana Robbins and James Lynch, entered the marketplace recently by launching a self-titled app.

"More businesses than not can't afford to get caught up in a lot of the expensive, conventional ways of marketing. We really wanted to create something that was cost-effective," Robbins, 25, said, of the London-centric service.

The app's concept mirrors a traditional ticket in which the consumer receives a price break or free item after scratching it. Scratchd's perceived competitive advantage is its accessibility, seeing as most consumers keep their mobile device nearby all day.

After a simple tap on a given image and "scratch" or rub of the screen, a prize code will appear. Then, the user has up to 72 hours to redeem it, though the duration varies on the product.

As of Tuesday, nearly 600 smartphone users had downloaded Scratchd. Its target market is comprised of people living an "on-the-go" lifestyle.

"We see a lot of potential in the industry, in terms of companies taking a hold of their own marketing campaigns," Lynch, 28, said.

The app is free to download, so Robbins and Lynch have been staying afloat financially by charging membership fees to business owners.

Smart marketing

Systems compatible with Scratchd:

- iPhone
- Android

*BlackBerry to come

"Right now, it's about getting businesses posting and consumers scratching," Robbins added. "We want people to enjoy the app at this point."

Businesses don't need to be tech-savvy to sign up. They are only required to submit an appropriate image, as well as provide offer details and redemption codes. Scratchd takes care of the rest.

Currently, about 20 businesses are on board, including the likes of Gold's Gym, Marble Slab, Pita Pit, Alibi Roadhouse and Barakat Restaurant.

JOHN MATISZ/METRO

City hall. Staff to study free overnight parking extension

A city councillor thinks free overnight parking should be extended until Halloween.

A motion to extend overnight parking from May 1 all the way to Oct. 31 was tabled at Monday's civic works committee meeting by Ward 4 Coun. Stephen Orser.

Committee members supported the motion and have asked staff to look into it in greater detail.

"I've been going door-to-door through Old East Village with a fridge magnet campaign for my ward office for the last eight weeks, I've heard loud and clear from the voters they love on-street parking overnight and they want more," Orser said.

"It's especially evident in the Old East Village there's a lot of parking concerns. They're very disappointed they shut it down on Labour Day."

Currently, free overnight parking runs from Victoria Day to Labour Day.

Coun. Stephen Orser HANDOUT

"As far as Western and Fanshawe go, I think we can put in accommodation in those areas," Orser said. "The bigger issue is the impaired driving, and the bigger issue is people not getting tickets for leaving their vehicles overnight."

Councillors in other parts of the city have expressed concerns about students abusing the overnight parking privileges. Some streets near Western and Fanshawe have on-street parking bans year-round.

Full council gets the final say before anything is official.

AM980/AM980.CA

Planetary cartography

Mars atlas released

Award-winning Western University planetary cartographer Philip Stooke will officially launch his latest project, The International Atlas of Mars Exploration – The First Five Decades: 1953 to 2003, on Wednesday as he addresses the Probus Club of North London at its annual general meeting. METRO

Medicine and dentistry

Doc goes global

Dr. John Denstedt has been named special advisor to the dean of the Schulich School of Medicine & Dentistry on health globalization, internationalization, and simulation.

Denstedt will also take a lead role working with Western University in establishing of a biomedical devices institute. METRO

Environment. Ontario retreats in executing key programs: Watchdog

Ontario's environmental watchdog says the government is stumbling and retreating in implementing simple programs that used to work fine.

Environmental commissioner Gord Miller says the province is "blind" to the impact forestry is having on wildlife across the province. He says the government isn't adequately monitoring wildlife populations for its forest management policies even though it's a legal requirement.

Miller says the government isn't doing enough to protect water resources either against the continued threat of dry weather. THE CANADIAN PRESS

Knights sniper hopes to revert back to usual self

London Knights sniper Seth Griffith fires a pass past a Kitchener Rangers player during a 2-1 loss last Friday. JOHN MATISZ/METRO

OHL. Seth Griffith an apparent bull's-eye for the opposition

JOHN MATISZ
john.matisz@metronews.ca

A big, fat "6" sits beside Seth Griffith's name in Sunday's London Knights versus Guelph Storm box score. It refers to how many penalty minutes the usually tame Wallaceburg native accumulated in London's 4-1 loss.

Griffith, 19, was assessed three minor penalties — roughing, check-to-the-head, and checking-from-behind — to bring his four-game total to 12 minutes.

"I definitely knew it was the most penalty minutes I've ever gotten in an OHL game," the 5-foot-11, 185-pound winger said.

It doesn't take an expert to realize the Knights have a target on their backs as defending champs. And because of his stellar showing last year — 45 goals and 85 points in 68 games — Griffith is the apparent bull's-eye.

Top of the tops

Top 4 goal-scorers in OHL, with penalty minutes:

- **Oshawa's Boone Jenner.** 7 G, 4 PIM
- **London's Seth Griffith.** 6 G, 12 PIM
- **Oshawa's Lucas Lessio.** 5 G, 10 PIM
- **Barrie's Anthony Camara.** 5 G, 10 PIM

Though penalty minutes often come in bunches, the Boston Bruins prospect's career-high 49 in 2011-12 will be eclipsed this season if he sustains his current pace.

"Maybe they were trying to get under my skin a bit," Griffith said, talking not only about the Storm, but also the rest of the OHL.

London head coach Dale Hunter hasn't veered from the pre-season tactic of plopping the fiery Rupert twins Ryan and Matt beside Griffith to create a gritty top line. To date, they've racked up eight goals and six helpers in 12 combined games, as well as 40 minutes of infractions.

"The last couple of games, we haven't finished as often as we'd like to," Ryan Rupert, the line's pivot, said. "We've been working on that in practice, though, making sure we score as much as we can during drills."

As the main trio goes, so do the 2-2 Knights.

Following a cycle-cycle-and-shoot clinic in two 8-2 games out of the gate — with the 5-foot-9 twins doing the dirty work in the corners and Griffith sending wrist-shots from the slot area — the small yet determined line has regressed like their teammates.

"You always want to be that go-to line — on defence and offence, everywhere — so we've been trying to balance it all," Ryan Rupert added. "It's worked some nights, others it hasn't."

Moving forward, a goal for the non-twin, in particular, is to stay on the ice.

"I can't let (the extra defensive attention) affect my play," Griffith said. "That's not my game."

Looking for sales training that's more effective than a quick-fix seminar?

You've found it: DAVE & STEWART LEBERT 519.690.0257

Backed by training offices in more than 25 countries, Sander Training is the only training organization that offers the constant support, guidance and reinforcement that leads to ongoing change and growth. **You won't fail because we won't let you.** www.swpd.sandler.com

Sandler Training
Finding Power In Reinforcement®

S Sandler Training Finding Power In Reinforcement (with design) is a registered service mark of Sandler Systems, Inc. © 2012 Sandler Systems, Inc. All rights reserved.

A kiss to build a dream on? Justin Trudeau and wife Sophie Grégoire after he announced he's running for the leadership of the federal Liberal party. PAUL CHIASSON/THE CANADIAN PRESS

He's their man: A Montreal crowd welcomes Justin and Sophie Tuesday night. PAUL CHIASSON/THE CANADIAN PRESS

That 'secret' is out: Justin wants to be Liberal leader

A new Trudeau era?

'Rock star' candidate tells crowd he's determined to build 'a better life, a better Canada'

Justin Trudeau is off and running.

He revealed the worst-kept secret in Canadian politics on Tuesday — he's in the federal Liberal leadership race.

"I am running because I believe this country wants and needs new leadership," he told a Montreal crowd.

But he faces a double-edged challenge:

He's determined to breathe new life into a party he said has lost touch with middle-class Canadians.

Even harder, he must confront those critics who say he's just a pretty face with a famous last name.

Trudeau told a crowd peppered with Liberal luminaries that he has a vision for Canada's future "grounded not in the politics of envy or mistrust." That vision, he declared, "understands, despite all the blessings beneath our feet, that our greatest strength is above ground, in our people.

"All Canadians, pulling together, determined to build a better life, a better Canada."

But as the middle class in China, India, South Korea and Brazil enjoys increasing prosperity, Canadians are experiencing the opposite, he said — stalled income levels, escalating costs and debt.

"What's the response from the NDP? To sow regional resentment and blame the successful.

"The Conservative answer? Privilege one sector over others and promise that wealth will trickle down, eventually."

Both are "tidy ideological answers," he said. "The only thing they have in common is that they are both, equally, wrong."

On Wednesday, Trudeau embarks on a cross-Canada tour designed to prove he's more than just his famous father's telegenic offspring.

THE CANADIAN PRESS

Quoted

"I think Justin has a lot to offer the country."

Gerard Kennedy, who himself is still pondering whether he'll take a second run at becoming federal Liberal leader.

The man

Following in his dad's footsteps

Justin Trudeau has been in the public eye since he was born on Christmas Day, 1971.

As a child, he travelled the country and the world with his famous father, then prime minister.

He was a school teacher before jumping into politics in 2008.

He eschewed offers to run in Montreal's Outremont riding — now held by NDP Leader Tom Mulcair — choosing instead to fight a contested nomination in Papineau, once a Bloc Québécois stronghold and among the poorest ridings in the country.

He defeated a star Bloquiste in 2008 and bucked the NDP tide that swept Quebec in 2011.

In Liberal circles, he is an undisputed rock star.

He boasts more than 150,000 followers on Twitter.

THE CANADIAN PRESS

Steven Page reveals the barenaked bipolar facts

GRAHAM LANKTREE
Metro in Ottawa

Steven Page, former frontman of The Barenaked Ladies, shared his struggles with bipolar disorder and depression Tuesday.

He was helping to launch two new mental-health tools at Algonquin College in Ottawa.

"In 2007 when I was arrested for drug possession … it was painful to pick up a national newspaper and see my mug shot," Page said.

Steven Page says having good friends is a key to coping. JAMIE SABAU/GETTY IMAGES

"I hadn't taken care of my inner struggles."

Page spoke at the launch of Starting the Conversation and iCopeU, two tools the college has created to help students and staff cope with mental-health issues.

iCopeU uses interactive games to teach students how to identify a panic attack and to reach out to friends they think may be suicidal.

Starting the Conversation is an online tool for staff to help identify students who may be suffering.

Being an artist makes it easier for him to talk about his struggles, Page said. "People in the business world can't come out and talk about it."

Women disappointed

Court's new man is a gender jolt

Justice Richard Wagner of the Quebec Court of Appeal was lauded Tuesday as a worthy addition to the Supreme Court of Canada, with one reservation in some quarters — he's not a woman.

Wagner's appointment Tuesday reduced to three the number of women on the nine-member court.

NDP justice critic Francoise Boivin was disappointed a woman was not tapped. And Queen's University law professor Kathleen Lahey said: "This is the 21st century."

THE CANADIAN PRESS

Meter misery. No breaks for drivers … and no brakes on parking costs

Gas prices aren't the only thing putting a squeeze on drivers' finances.

A new survey suggests Canadian drivers are pumping more cash into parking meters this year as parking rates continue to climb in major cities.

The Colliers International annual parking survey says the average median rate for a monthly unreserved spot is now $241.72 per month, up from $235.33 in 2011.

Calgary is Canada's most expensive city to park in for the second year in a row, with the average parking rate rising two per cent to $456.75.

That rate is second in North America only to parking in New York City.

Montreal, Toronto and Edmonton are also in the top 10 most expensive cities for parking in North America.

THE CANADIAN PRESS

By the numbers

2.7%

How much the average median rate for a monthly unreserved parking spot grew over the past year.

Police arrest 'Internet Black Widow'

Attempted murder charge. Cape Breton woman arrested after her husband suddenly became ill; previous charges include theft and manslaughter

Police in Cape Breton have charged a 77-year-old woman infamously known as the "Internet Black Widow" with attempted murder after her husband suddenly became ill.

Melissa Ann Weeks of New Glasgow, N.S., is also charged with administering a noxious thing.

Investigators say the accused's 75-year-old husband was taken to hospital in Sydney, N.S., on the weekend after falling ill at an inn.

They arrested a woman following an investigation into the health of the New Glasgow man who police say has since been treated and released.

Weeks is due in Sydney provincial court later today.

Weeks was sentenced in 2005 to five years in prison on seven counts of theft from a man in Florida she had met online.

Investigators in that case said she stole about $20,000 US from Alexander Strategos.

In 2001, she was convicted of manslaughter in the death of her husband, Gordon Stewart, who she had drugged and run over twice with a car in 1991 outside Halifax.

She served two years of a six-year sentence for that crime. THE CANADIAN PRESS

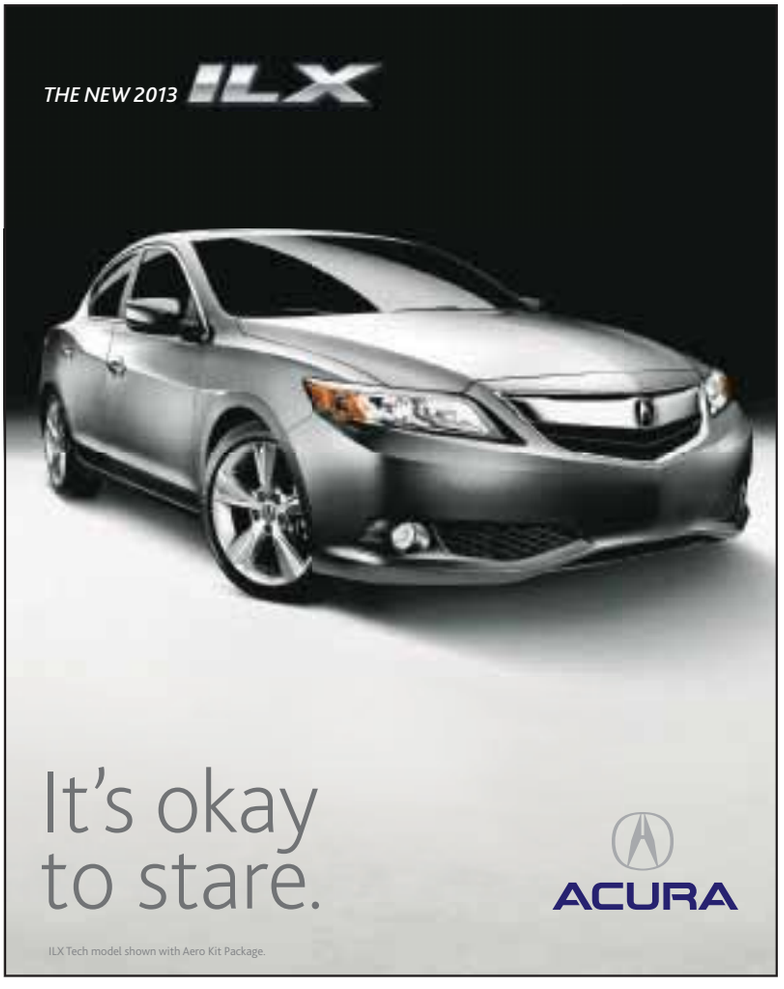
The incident

- Cheryl Chambers, the operator of a bed-and-breakfast in North Sydney, said a couple named Fred and Millie Weeks checked in early Friday morning.
- Chambers said on Saturday morning, Millie came downstairs alone and said her husband wasn't well. She said paramedics later arrived and took her husband to a hospital.

Melissa Ann Weeks leaves a Cape Breton regional police vehicle escorted by Const. Erin Donovan for a court appearance at the Sydney Justice Centre Tuesday. VAUGHAN MERCHANT/THE CANADIAN PRESS

Rallying for peace

An Indian man and children dressed as Mahatma Gandhi wait for the start of a rally against violence to mark the anniversary of Gandhi's birth in Ahmadabad, India, Tuesday. AJIT SOLANKI/THE ASSOCIATED PRESS



Gay teens

Group files suit to block law that bans conversion therapy

A Christian legal group has filed a lawsuit to overturn a first-of-its-kind California law that prohibits licensed mental-health professionals from practising therapies aimed at making gay and lesbian teenagers straight.

The Sacramento Pacific Legal Institute is challenging the law signed Saturday by Gov. Jerry Brown. The lawsuit was filed late Monday in U.S. District Court. THE ASSOCIATED PRESS

Alleged gang rape

Investigation involving former IMF official dropped

A prosecutor in France says officials have dropped a preliminary investigation into allegations of rape in a Washington, D.C., hotel by former International Monetary Fund chief Dominique Strauss-Kahn.

State prosecutor Frederic Fevre said Tuesday that the supposed victim, an escort girl, went back on her original account and now says no rape was involved. THE ASSOCIATED PRESS

Mall collapse

Families of Elliot Lake victims claim negligence in lawsuit

Relatives of two women killed when a rooftop garage collapsed in Elliot Lake, Ont., in June are alleging the provincial government and mall owner were negligent in lawsuits that claim complaints about the structure were ignored.

The parallel suits, which also name the city and engineers who said the Algo Centre Mall was safe, seek several million dollars in damages for relatives of Doloris Perizzolo and Lucie Aylwin. THE CANADIAN PRESS

Pope's butler says he's innocent of theft

Pope Benedict XVI's one-time butler declared Tuesday he was innocent of a charge of aggravated theft of the Pope's private correspondence, but acknowledged he photocopied the papers and said he feels guilty that he betrayed the trust of the pontiff he loves like a father.

Paolo Gabriele took the stand Tuesday in a Vatican courtroom to defend himself against accusations of his role in one of the most damaging scandals of Benedict's pontificate.

Prosecutors say Gabriele stole the Pope's letters and documents alleging power struggles and corruption inside the Vatican and leaked them to a journalist in an unprecedented papal security breach.

Gabriele faces four years in prison if he is found guilty, although most Vatican watchers expect he will receive a papal pardon if he is convicted.

During Tuesday's hearing, Gabriele's attorney complained that her client spent his first 20 days in Vatican detention in a room so small he couldn't stretch his arms out and with lights kept on 24 hours a day.

Vatican police swiftly defended their treatment of Gabriele, but the Vatican prosecutor opened an investigation regardless.

Quoted

"I declare myself innocent concerning the charge of aggravated theft. I feel guilty of having betrayed the trust of the Holy Father, whom I love as a son would."

Paolo Gabriele, on stealing Pope Benedict XVI's private letters

Prosecutors have said Gabriele, 46, has confessed to leaking copies of the documents to Italian journalist Gianluigi Nuzzi, because he wanted to expose the "evil and corruption" in the church.

They quoted him as saying in a June 5 interrogation that even though he knew taking the documents was wrong, he felt inspired by the Holy Spirit "to bring the church back on the right track." THE ASSOCIATED PRESS

Paolo Gabriele L'OSSERVATORE ROMANO/THE ASSOCIATED PRESS

Ruff ride. Dog trapped under a car survives 17-kilometre drive

Animal welfare authorities say a dog survived a 17-kilometre ride — at speeds of up to 80 kilometres per hour — after it was hit by a car and became wedged under its front grill.

East Providence Animal Control supervisor William Muggle says the dog ran in front of the car in Massachusetts on Sept. 20. The driver slammed on the brakes, but didn't see the dog and continued driving.

Muggle tells the Taunton Daily Gazette newspaper that another motorist finally pointed out the dog.

Animal control officials freed the dog, which suffered a concussion.

Authorities are now trying to find its owner.

THE ASSOCIATED PRESS

This Sept. 20 photo shows a female poodle mix that animal control officers removed from under a car's front grill. EAST PROVIDENCE ANIMAL CONTROL CENTER/AP

Honduras. Political campaigns offer lifelines in dire circumstances

In some countries political campaigns give out bumper stickers and yard signs. In others, they offer free lunches and supermarket debit cards. In Honduras, one of Latin America's poorest countries and also its most dangerous, candidates dole out another kind of political swag: coffins for the destitute.

Charities organized by politicians scour poor neighbourhoods in search of families of murder victims who cannot afford funeral services or even a simple casket to bury their beloved. There are plenty of takers in this Central American country, where two out of three workers earn less than the minimum wage of $300 a month, and more than 136 people are killed every week.

Crime wave

"We are not only saturated at the morgue, we are running out of space in the cemetery."

Public Minister spokesman Marvin Duarte on Honduras's dangerous criminal climate.

The murder rate has more than doubled over the last six years due largely to an explosion in drug trafficking to the United States and a proliferation of violent gangs, many of which originated in U.S. cities. The capital, Tegucigalpa, has grown so threatening that its streets empty after sunset, while its morgues fill up.

THE ASSOCIATED PRESS

Dog days

Dog survives ride in sweltering heat

A dog has survived a 177-kilometre ride on the hot engine of a truck during a California heat wave. When Jaime Magalna, 52, noticed fur above his left front tire, he opened the hood to find a 25-pound dog atop the engine. The hunt is on for the dog's owner.

THE ASSOCIATED PRESS

Collision with cyclist

Road-rage cabbie gets 2 years in jail

A judge sentenced a former Toronto cab driver Tuesday to two years less a day in jail for mangling the leg of a cyclist during a late-night road rage dispute. Earlier this year, Justice John McMahon found Sultan Ahmed showed a "wanton or reckless disregard" for the safety and life of the cyclist. TORSTAR NEWS SERVICE

This June photo shows hogs at a farm in Buckhart, Ill. An Oregon farmer was eaten by his swine, investigators say. M. SPENCER GREEN/THE ASSOCIATED PRESS FILE

American farmer eaten by his hogs

Mysterious death. Only dentures and body pieces found as authorities investigate several possible scenarios

Investigation

"For all we know, it was a horrific accident."

Coos County district attorney Paul Frasier

Authorities are investigating how a U.S. farmer was eaten by his hogs.

Terry Vance Garner, 69, never returned after he set out to feed his animals last Wednesday on his Oregon farm, the Coos County district attorney said Monday.

A family member found Garner's dentures and pieces of his body in the hog enclosure several hours later, but most of his remains had been consumed, District Attorney Paul Frasier said. Several of the hogs weighed 700 pounds or more.

It's possible Garner had a medical emergency, such as a heart attack, or was knocked over by the animals, then killed and eaten, Frasier said, adding that at least one hog had previously bitten Garner.

The possibility of foul play is being investigated as well.

"For all we know, it was a horrific accident, but it's so doggone weird that we have to look at all possibilities," Frasier told The Register-Guard newspaper.

A pathologist was unable to identify a cause or manner of death, the newspaper reported. The remains will be examined by a forensic anthropologist at the University of Oregon.

Terry Garner was "a good-hearted guy" who cared for several huge adult sows and a boar named Teddy, said his brother, Michael Garner, 75, of Myrtle Point.

"Those animals were his life," Michael Garner said. "He had all kinds of birds, and turkeys that ran all over the place. Everybody knew him."

Domestic hogs are not typically known to be as aggressive as their feral cousins, but "there is some degree of danger associated with any animal," John Killefer, who heads the Animal and Rangeland Sciences Department at Oregon State University in Corvallis, told the newspaper.

THE ASSOCIATED PRESS

Veteran seeks $10M after penis frostbite

A U.S. Army veteran is seeking $10 million from the federal government, saying a nurse repeatedly put ice packs on his penis after surgery, causing frostbite and gangrene, and ultimately leading to the organ's partial amputation.

Michael D. Nash sued the federal government in U.S. District Court in Kentucky on Tuesday for what he calls medical malpractice.

Nash, 61, went to the Veterans Administration hospital in Lexington in 2010 for a penile implant and circumcision. His attorneys said a nurse packed his groin in ice for 19 hours afterward, and 5 inches of his penis later had to be amputated.

"It basically caused frostbite on his penis, which eventually caused gangrene," attorney Larry Jones said. "In addition to robbing someone of their manhood, they've robbed him of the simple ability to urinate just like every other person who lives in this world."

Jones said Nash will require reconstructive surgery that will allow him to urinate.

The Department of Veterans Affairs in July rejected a civil claim from Nash.

"It is our opinion that there was no negligence on the part of the Department of Veterans Affairs or any of its employees in connection with the claimed loss; therefore your claim is denied," wrote Melinda Frick, a regional counsel for the VA.

THE ASSOCIATED PRESS

Even from behind.

Introducing Acura ILX. Luxury starts here. Experience it now at acura.ca/ILX

Man. Machine. Connect.

ACURA

ILX Tech model shown with Aero Kit Package.

Police arrest 7 crew members after Hong Kong boat crash

Relatives of the victims throw paper money, Tuesday, as they pay tribute to the ill-fated people aboard a boat that sank Monday night near Lamma Island, off the coast of Hong Kong Island, killing at least 38 people. VINCENT YU/THE ASSOCIATED PRESS

Mourning. Dozens of relatives travelled by boat to pray alongside Taoist priests and toss spirit money into the wind

Police on Tuesday arrested seven crew members from two boats that collided in Hong Kong waters, killing 38 holiday revelers, but offered no theory about how the vessels ran into each other on a clear night in one of the safest and most regulated waterways in Asia.

The Monday night crash was Hong Kong's deadliest accident in more than 15 years, and its worst maritime accident in more than 40. Some relatives of the dead went to the scene off Hong Kong island's southwestern coast to participate in traditional Chinese mourning rituals on Tuesday, while others waited at the morgue for news about loved ones.

Police Commissioner Tsang Wai-hung said six people were detained on suspicion of endangering passengers by operating their craft in an unsafe way. Police later announced a seventh arrest. Tsang said both crews are suspected of having not "exercised the care required of them by law," but he did not elaborate.

The ferry collided with the Lamma IV, which is owned by the Hong Kong Electric Co. utility and was taking more than 100 employees and their families to famed Victoria Harbor to watch a fireworks display in celebration of China's National Day and mid-autumn festival.

The government said 101 people were sent to hospitals, 66 were discharged, and four had serious injuries or were in critical condition.

The ferry was damaged but completed its journey, and some of its passengers were treated for injuries. Local TV later showed its bow chewed up and chunks missing.

Hong Kong and Kowloon (Ferry) Holdings Ltd., the ferry operator, did not return calls seeking comment.

The government said 28 bodies were recovered overnight, and eight more people were declared dead at hospitals. Two bodies found aboard the vessel Tuesday raised the death toll to 38, according to government statements. At least four of those killed were children.

Salvage crews raised the half-submerged Lamma IV using three crane barges.

Victor Li, deputy head of the company that owns Power Assets, said the company would provide emergency payments of 200,000 Hong Kong dollars ($25,380 Cdn.) to the family of each person killed.

THE ASSOCIATED PRESS

Context

- Large-scale accidents are rare for Hong Kong, which has one of Asia's most advanced infrastructures and first-rate public services.
- The tragedy will test Hong Kong's new Beijing-installed administration.

Security request in Libya was denied: U.S. Congress

U.S. diplomats in Libya made repeated requests for increased security for the consulate in Benghazi before it was attacked last month, but they were turned down by officials in Washington, leaders of a Congressional committee said Tuesday.

In a letter to Secretary of State Hillary Rodham Clinton, Reps. Darrell Issa and Jason Chaffetz said their information came from "individuals with direct knowledge of events in Libya."

The two Republicans said the Sept. 11 attack that killed Ambassador Chris Stevens and three other Americans was the latest in a long line of attacks on Western diplomats and officials in Libya in recent months.

Stevens was the first sitting U.S. ambassador to be killed in more than 30 years.

The lawmakers asked Clinton whether the State Department was aware of the previous incidents, whether the level of security that was provided to the U.S. mission met the security threat and how the department responded to requests for more security. The lawmakers plan a hearing of their House Oversight and Government Reform Committee on Oct. 10.

The attack came amid protests across the Muslim world over an amateur anti-Islam video produced in the U.S.

The State Department has declined to answer questions about whether extra security was sought by officials in Benghazi ahead of the Sept. 11 attack. THE ASSOCIATED PRESS

Prior to Sept. 11

The lawmakers' letter listed a dozen incidents they said were indications of deteriorating security.

- Weeks before the attacks, the Libyan guards at the consulate were warned by family members to quit their jobs because there were rumours of an impending attack.

Security forces stand guard as people turn in weapons in Benghazi, Libya, Sept. 29 in response to a call from the military. IBRAHIM ALAGURI/THE ASSOCIATED PRESS

E. coli concerns. Beef recall adds dozens more products

Another day, yet another recall of beef products from Alberta's XL Foods.

The Canadian Food Inspection Agency says in an updated health hazard alert released overnight that dozens of additional products, including roasts and sausages, have been added to a long list of recalled beef.

The agency announced the expanded recall as it continues to investigate the Brooks, Alta., meat-packing plant, which had its licence temporarily suspended last week.

The CFIA is warning the public, distributors and food service establishments not to consume, sell or serve any of the beef products on the list because they may be contaminated with E. coli.

In Ontario, the new additions include products sold by The Kitchen Table, Zehrs, Your Independent Grocer and Valu-Mart. The entire list can be found at inspection.gc.ca.

THE CANADIAN PRESS

Most valuable brands

BlackBerry sinks to No. 93 in global brand ranking

The BlackBerry brand that once dominated the smartphone landscape has plummeted nearly to the bottom of the latest ranking of global brands by an international consultancy. Interbrand said that Research In Motion's BlackBerry is now 93rd on its list of 100 most valuable global brands, down from 56th in 2011.

THE CANADIAN PRESS

Market Minute

DOLLAR 101.60¢ (-0.16¢)

TSX 12,391.23 (+21.04)

OIL $91.89 US (-$0.59)

GOLD $1,775.60 US (-$7.70)

Natural gas: $3.52 (+0.04¢)
Dow Jones: 13,482.36 (-32.75)

Fish-tracking website looks to expand beyond Canada

Sustainability. Tracing service lets consumers find out who caught their dinner and how

An employee holds fish tags at Ecotrust Canada in downtown Vancouver on Friday. A Canadian website that allows consumers to trace the fish they buy back to the people who caught them is preparing for a larger, global presence.

JONATHAN HAYWARD/THE CANADIAN PRESS

Developers of a small Canadian website that has allowed consumers to trace hundreds of thousands of fish back to those who caught them are gearing up for a global presence.

Ecotrust Canada is in talks with East Coast mussel farmers and West Coast Dungeness crab fishermen to add their products to the online traceability program offered by thisfish.info, says Tasha Sutcliffe, vice-president of the non-profit organization and director of its fisheries program.

Sutcliffe said her organization has also met with interested non-governmental organizations, fishermen and restaurants in Australia and has received inquiries from Portugal, Costa Rica and the U.S.

Already, the website, which launched in 2010, allows consumers to trace 16 different fisheries back to hundreds of Canadian fishermen employed on both coasts, she says.

"With the seafood industry, you know, some people care very much about the sustainability of their catch," she said. "They want to know that it's caught from a sustainable fishery, how it's caught, perhaps even if they're interested enough ... in the stock status."

The program requires the participation of every agency in the distribution chain, from the fishermen to the consumer. Fishermen assign a code to their catch and upload that information to the website, including details about where, when and how the fish were caught.

The code then follows the fish as they move through the processing and distribution chain. To learn about their fish, consumers just enter the code into the website. So far, consumers have traced more than 362,500 fish. THE CANADIAN PRESS

Quoted

"There's more and more requirements by consumers to know exactly where their fish comes from ... They really want to know what kind of fishery it is."

Dan Edwards, a commercial fisherman from Ucluelet, B.C., who has been involved in the Thisfish program since 2007

Go digital for a chance to win.

Secure and simple epost™ service from Canada Post is the convenient way to keep track of all of your bills, statements, and essential documents. And best of all, it's free. Receive bills and statements for just about all your regular expenses, such as cable, phone, utilities, credit cards, and property taxes. View your digital mail with a single login. Plus, your documents are stored privately and securely for up to seven years. Sign up today at epost.ca or through your financial institution.

You could win $1,000 in our monthly draw just by registering your bills with epost.ca

Register two bills with epost and you will be automatically entered for a chance to win $1,000 in our ongoing monthly contest. And, each additional bill you register gives you an extra contest entry.*

epost™

One place. One login. One password.

Sign up today at epost.ca

Manage bills like these and many more.

Bell ROGERS TELUS HUDSON'S BAY CO. Scotiabank 407 ETR

CANADA POST POSTES CANADA

* No purchase necessary. Contest runs from 12:00:00 a.m. EDT on May 1, 2012 to 11:59:59 p.m. EST on January 31, 2013. Contest is open to individuals who reside in Canada, are over the age of majority in their province or territory of residence, who are active epost users, and who have subscribed to at least two epost mailer bills throughout the previous 60 days. There are a total of 9 prizes available to be won, each with a value of CAD $1,000. There will be one prize draw per month during the contest period. Odds of winning depend on number of entries received. Selected entrants must answer a mathematical skill testing question and sign a release. Full contest rules are available at epost.ca/contestrules. ™ Trademark of Canada Post Corporation. All other trademarks are the property of their respective owners.

HAIL STORM JUSTIN TRUDEAU? WIND CHILL GARY BETTMAN?

JUST SAYIN'
Paul Sullivan
metronews.ca

Winter is coming.

And that's not just the tag line for Season 3 of Game of Thrones.

It's really coming, in a meteorological, as well as mythological sense.

Only now, winter will never be the same. In the U.S., The Weather Channel (TWC) has unilaterally declared it will start naming winter storms the way the National Hurricane Center names tropical storms.

What's in a storm name?

"... I'm actually looking forward to the change in seasons for the first time since a snow day actually meant I could stay home and watch cartoons."

Instead of alternating male names with female names, TWC will name winter storms after mythological figures, starting with Athena, Brutus and Caesar. Too bad it's alphabetical, because if Brutus could follow Caesar, weather nerds could amuse themselves by arching their eyebrows and declaring "Et tu, Brute" ad nauseam. (Excuse the Latin blizzard).

This is a real marketing breakthrough for The Weather Channel, which in a single stroke has branded winter as a TWC event. As it has a 76 per cent share of the weather nerd market, everyone else will have to follow TWC's lead, which is annoying competitor Accuweather. "We are concerned," Accuweather commented, "about the lack of strict criteria with naming winter storms." They are not amused.

Well, I guess. They just lost winter. But if I were Accuweather, I wouldn't waste any more time being a sore loser and get right on spring and fall. Think of the possibilities: Ice Jam Snoop Lion, Windstorm Rex Murphy, First Frost (Name of local Homecoming Queen goes here).

Now that TWC has turned winter weather into a name-calling event, I'm actually looking forward to the change in seasons for the first time since a snow day actually meant I could stay home and watch cartoons.

I could probably still stay home and watch cartoons and no one would care. But I would. I would care.

But people with critical jobs, such as TV weather personalities, will now be able to phone in, blame the wrath of Khan or a spell cast by Gandalf, and turn over and go back to sleep.

As far as I can tell, anything goes on the mythology front. Italian stallions like Rocky take their place next to Greek gods Athena and Zeus, although it would be better if Rocky referred to Rocket J. Squirrel (speaking of the cartoons of my misspent youth) which means we could look forward to Winter Storm Bullwinkle, but that's almost too much to hope for. I can only remind the people at TWC that Rocky and Bullwinkle did come from Frostbite Falls, Minnesota. Winter lives there for sure.

The best part is that we can finally play along here in Canada. Blizzards are as commonplace as hurricanes are scarce north of the 49th. We could have a different fun weather event almost every day, although there's a real danger we'll hit Zeus in mid-February, where in parts of this godforsaken tundra, winter's just getting started.

In that case, we can always tap into our local mythology and name the next one Winter Storm Sidney Crosby? Because apart from winter, he represents the other thing we're good at.

Whaddya gonna call that one, son? NATHAN DENETTE/THE ASSOCIATED PRESS

Time for a swim or a quick bite?

KATHLEEN REEDER/SOLENT

Animal instincts

Tiger hunts down handler into pool

This brave zookeeper took a real leap of faith ... into a swimming pool with a formidable tiger.

Animal handler Jeff Harwell, 30, dove into the water with a 204-kilogram Bengal tiger named Akasha in close pursuit.

The dynamic duo are the main event of a stunt show at Arizona's Out of Africa Wildlife Park.

METRO

Animal handler's view

"We're just playing, having a good time. All I see is her eyes and how intense they are, and she's trying to figure out what move I'm going to make that will make her spring."

Jeff Harwell

Reaction to photo

Critic condemns 'shocking' image

But this stunt is not without its critics.

"It's truly shocking," Adam Roberts, executive vice-president of animal rights group Born Free USA, told Metro.

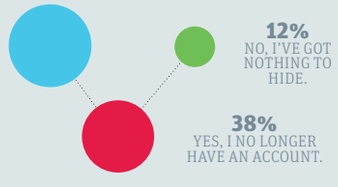
"It sends out a terrible message, that wild animals can be kept in close proximity with humans." He added: "This could easily end up in tragedy, with someone getting killed by a tiger." METRO

Jeff Harwell with Akasha.
CONTRIBUTED

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Are you concerned about your privacy on Facebook?


50%
SOMEWHAT. I'M VERY CAREFUL WHAT I POST, EVEN IN PRIVATE MESSAGES.
12%
NO, I'VE GOT NOTHING TO HIDE.
38%
YES, I NO LONGER HAVE AN ACCOUNT.

Twitter

@christoplack:
Ever meet someone who uses their hands too much when they talk? I secretly hope they jab themselves in the eye. #funny #LdnOnt #funnystuff

@KevinDickins1:
Dale Henderson believes to end suicide you must get people to start smoking more! What is he smoking? #HendersonScience #LdnOnt

@dookstaa:
Dale Henderson = London's Rob Ford #LdnOnt #londonproblems

@andreasgripp:
I'm the featured reader at a new #poetry series at Mykonos, 572 Adelaide N. Wed. Oct 3rd, 7:00pm. Food & music at 6pm, open mic @ 8. #ldnont

@juliaclobberts:
Why does the Canadian Bachelor look like he's wearing lipstick?

metro

President: Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, London** Jim Reyno • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **Sales Manager** Charlotte Piper • **Distribution Manager** Rob Delvallet • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2222 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

Liam Neeson gets big bucks these days with roles like in Taken 2, but prior to killing bad guys, he showed a softer side. HANDOUT

Neeson has a particular set of skills that aren't violent

Taken 2. Before he was fighting wolves and hunting bad guys, the Irish actor played a number of roles that showcased his nice-guy personality

IN FOCUS
Richard Crouse
scene@metronews.ca

In this weekend's Taken 2, Liam Neeson tells his daughter that he will do, "what I do best," which, apparently, is wallop bad guys, grimace and leave a trail of destruction a mile wide. He plays a retired CIA agent with a "particular set of skills" who will do anything to protect his family.

Neeson's habit of paying the rent with chest-beaters like Battleship, Unknown and The A-Team led one macho movie fan to post on Facebook some conclusions.

"After watching the movie The Grey, I can only come to the (very logical) conclusion that Liam Neeson should be King of the Earth. Who's better than Liam Neeson? Nobody. That's who. Nobody."

His burly build and steely glare have made the 60-year-old an action star.

"Believe it or not, I have even had Arnold Schwarzenegger and Bruce Willis calling my agent saying, 'How do I get these scripts?,'" he said.

Quote

There was a time when a kinder, gentler (Liam) Neeson ruled the screen.

But there was a time when a kinder, gentler Neeson ruled the screen.

His first film, 1977s Pilgrim's Progress, was so low budget he played several characters. He's credited as the Evangelist, a main character in John Bunyan's Christian allegory, but can also be seen subbing in as the crucified Jesus Christ.

It was another supporting role in a movie called Shining Through that led to his breakthrough. In it he plays a Nazi party official opposite Michael Douglas. The performance so impressed Steven Spielberg he cast Neeson as Oskar Schindler in Schindler's List, which turned him into an Oscar-nominated star.

He parlayed that fame into starring roles in period pieces like Rob Roy, Michael Collins (at the age of 43 Neeson was 12 years older than the real-life Michael Collins when he died) and Les Misérables. Then comedies Breakfast on Pluto and High Spirits also showcased his more amiable side.

High on the list of his mild-mannered roles are two films with Laura Linney. He's worked with her so often on stage and in the movies they joke they feel like "an old married couple." They're part of the ensemble cast of Love Actually and play husband and wife in Kinsey, about America's leading sexologist Alfred Kinsey.

Neeson, as we can see, can portray almost anything on screen, but even he was surprised by the success of Taken, his first action hit.

"I was a tiny bit embarrassed by it, but then people started sending me action scripts."

Beasts deemed unfit for SAG awards

Indie film. Sundance winner ineligible after SAG rules they did not meet their financial standards

The independent-film hit Beasts of the Southern Wild will be ineligible for the Screen Actors Guild Awards because it was not made under provisions of the union's contracts, guild officials said Monday.

The producers have until Oct. 25 to bring the film into guild compliance to become eligible for the awards, though that likely would mean paying the actors more money.A spokesman for Fox Searchlight, which released the film domestically, said the company would not try to bring Beasts in line with SAG contract rules to qualify for the awards.

"We're baffled at the fact that the producers of Beasts of the Southern Wild failed to sign a SAG agreement as every other important film released this year did," said guild spokeswoman Pamela Greenwalt in a statement. "We would love for the performers in this film to compete for a SAG Award. Celebrating such performances is what we're all about."

Director Benh Zeitlin cast locals in his film set in rural Louisiana, including his two stars, first-time actors Quvenzhane Wallis as a six-year-old wild child, and Dwight Henry as her father.

Beasts won top honours at the Sundance Film Festival, so sitting out the Jan. 27 SAG Awards will not necessarily hurt its Academy Awards prospects. THE ASSOCIATED PRESS

Quvenzhane Wallis portrays Hushpuppy in Beasts of the Southern Wild. JESS PINKHAM/THE ASSOCIATED PRESS

SCENE2

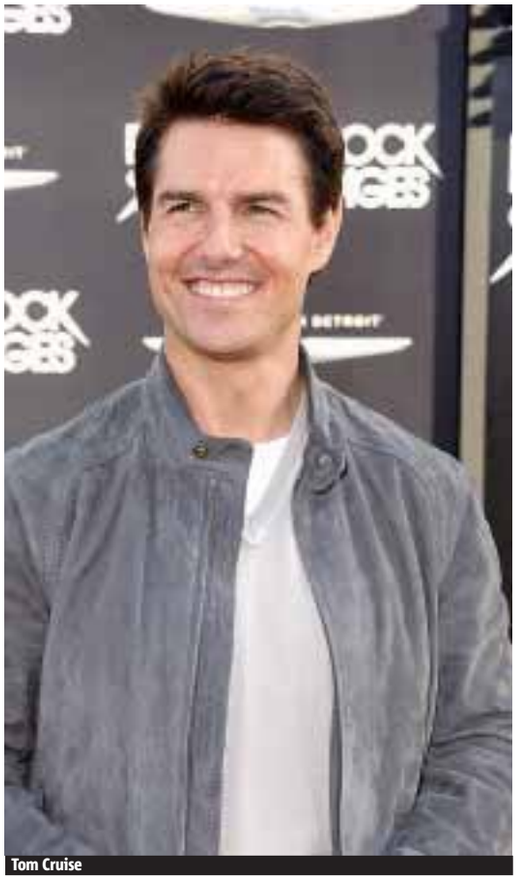
On the web

Qriket

Norah O'Donnell tries to make the most of her mornings on CBS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Tom Cruise

Special Scientology treatment for Cruise

Some members of the Church of Scientology are bristling at the special treatment they believe Tom Cruise is receiving in the wake of his split from Katie Holmes, according to Radar Online. "They have bent the rules or Tom. If Tom was any other Scientologist — including lesser celebrities — he would not be allowed to continue seeing and maintaining communication with Katie or Suri," former Celebrity Center president Nancy Many tells the website. "When every other person that I have known of leaves Scientology, which Katie did without speaking of it directly, they are instantly shunned."

The Word

Kardashian and Lopez to be hosts of X Factor

Ryan Seacrest is getting a little competition as host of a reality TV singing show: It was kind of announced yesterday (through TMZ; no official announcement has been made as of press time) that Khloe Kardashian and Mario Lopez will be the new co-hosts of The X Factor.

Earlier reports had Kardashian as the sole host but because of her contract with E!, there was a lot of back-and-forth; they kept Lopez on the sidelines as a backup. But now it looks like they will share the duties together. Good on Kardashian for distancing herself from the Kardashian cabal (heads up: Don't be surprised if you see Kardashian Kabal being used as the name of their new Home line for Sears) but Mario Lopez? How does this guy continue to have a showbiz career when Kelly Kapowski does not?

Curry back on Today?

Meanwhile, over at The Today Show, producers are doing a huge mea culpa about firing co-anchor Ann Curry and doing the unthinkable: They are going to have her back on the show on a routine basis in order to keep the morning show's ratings from sliding any further.

Will Kopelman and Drew Barrymore ALL PHOTOS GETTY IMAGES

Suck it up: Tasty baby names are still in vogue

Drew Barrymore is a new mom, giving birth to baby girl Olive last week, according to a statement by her reps.

"We are proud to announce the birth of our daughter, Olive Barrymore Kopelman, born Sept. 26, healthy, happy and welcomed by the whole family," the statement reads. "Thank you for respecting our privacy during this most special time in our lives." This is the first child for Barrymore and husband Will Kopelman, who tied the knot in June.

Robert Pattinson

Don't worry, Robert. You're still the sexiest man alive

Maybe this will help take his mind off the whole Kristen Stewart cheating scandal thing: Twilight star Robert Pattinson has been named the Sexiest Man Alive by Glamour U.K. for the fourth year in a row. The Brit-heavy list batch rounded out the top five.

Twitter

@BetteMidler
Oops, MIA again, upstate harvesting KALE KALE KALE!!! It's like a WEED!! How many chips can you eat?? And let's not discuss the peppers!

@EllenBarkin
Nice to see responses from Christians whose political beliefs might be different from my own. Glad your out there.

@SandraBernhard
a little reflection does a girl good. back on the chain gang.

@SarahKSilverman
I found Jesus. He was hiding under the bed

BUY IT ON BLU-RAY™
COMBO PACK & DVD OCTOBER 2
YOU COULD
WIN A COPY OF
DARK SHADOWS
ON BLU-RAY COMBO PACK!
Don't forget to like us on Facebook! facebook.com/clubmetrolondon

Looking for a place to unwind? Lonely Planet host Dominic Bonuccelli shares his favourite relaxation spots. Watch the new Lonely Planet series premiering Thursday at 10 p.m. ET/PT on Travel + Escape.

DOMINIC BONUCCELLI
life@metronews.ca

5 Places to bust the stress

SHAYAN/FLICKR

Death Valley, California

Sure, post-apocalyptic wastelands aren't everyone's cup of tea, but Death Valley gets my vote for the most mythic landscape in North America. It's the lowest point in the Western Hemisphere, full of Saharan sand dunes, endless fields of jagged salt crystal formations (the Devil's Golf Course), and vistas brooding enough for the U2 Joshua Tree album cover. Try meditating under the thick veil of silence, so intense you can hear the very hum of existence itself.

Banff, Alberta

Everyone knows Banff National Park has some of the best skiing and snowboarding, but I recommend hitting Lake Louise and the surrounding area in the summer blast. The Lake is blue, the colour of a child's imagination and home to the opulent Fairmont Chateau for those who relish the finer things. Summer allows you to rent a mountain bike and shred down miles of amazing alpine terrain with wildflowers and brain-melting views teeming with wildlife. Hit the Banff Upper Hot Springs on the way home to replenish your body.

SATORU KIKUCHI/FLICKR

ALOHAMAMMA/FLICKR

The Big Isle of Hawaii

You may have a more Robinson Crusoe experience on one of the more remote islands like Molokai or Lanai, but the big island of Hawaii will always be one of my favourite places on the planet. It hovers over a hole in the Earth's crust spouting magma, which makes it the youngest island and the one where you can (depending on the whimsy of Pele) watch lava drop into the ocean in pink-hazed fury under a full moon. If you want the pomp of a four-star experience you can linger on the dry side at the golf courses in Kailua-Kona, but I prefer the solace of the northern ranchlands near Waimea and the wetter, more serene eastern side amid main-street towns like Honoka'a.

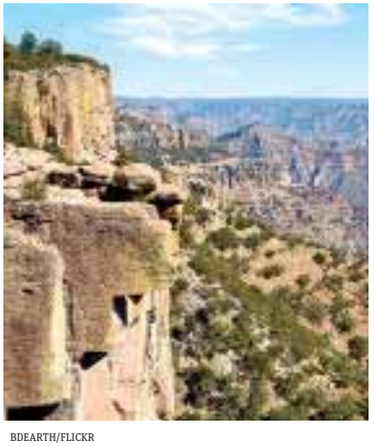
Cuba

Run to Cuba. Run there before the U.S. blockade ends and everything changes. Not that it shouldn't: the blockade is an anachronistic holdover from the Cold War that should go the way of the Dodo. But for now, Cuba remains frozen in 1958. Every pull-handle fridge, every '56 thunderbird with white-walled tires serving as a part-time taxi, every scrap of machinery heralds from the 1950s. The mojitos are the best you'll taste on the planet, swizzled with a stick of pure sugar cane, and you sip them while watching grandma and grandpa salsa dance on a street corner to live music at midnight. Run to Cuba, my friend.

COLROS/FLICKR

Copper Canyon, Sierra Madres, Mexico

I live just north of the Mexican border in Tucson, and I didn't even discover the Copper Canyon until three years ago. Shame on me. The drug war hasn't helped tourism much, but in reality tourists are very rarely targeted, and the adventurous travellers that venture in will be rewarded with a rustic wild-west train experience that crosses the Grand Canyon of Mexico on a daylong trip either direction between Los Mochis and Chihuahua. The Sierra Madres are breathtakingly gorgeous, and home to the Tarahumara Indians, the best long distance runners in the world and one of the most traditional and remote tribes in Mexico; a glimpse of their Easter celebration is an otherworldly experience.



BDEARTH/FLICKR

ELI3

On the web

Qriket

New Travel Channel show goes behind the scenes at Miami International Airport

Slow down and enjoy the view on a train ride through the wilds

Jasper. A 1,000-kilometre journey features stops in ski towns, boating spots and even some great shopping

THE TRAVELLIN' CANADIAN
Darren Parkman
travel@metronews.ca

In an era where you can jump on a jet and be halfway around the world in half a day, it's a refreshing change to wind back the clock and do some travelling old-school style.

Via Rail offers an incredibly scenic, relaxing train journey from the northern B.C. coast to Jasper, Alta., but don't expect to get anywhere fast.

This is how they moved in style back in the day, with great stretches of wilderness, lakes and rivers, punctuated by little railway towns.

I have to admit the hum of the train lulled me into more than one nap along the 1,000-kilometre route, but there is no shortage of interesting stops along the way either.

Towns like Terrace, Smithers and McBride are rich in native culture, and have that small-town feel you can't find anywhere else. I even found myself browsing through an impromptu town flea market during a whistle stop in Smithers.

The train itself is a bit dated, with a lounge car complete with 30-year-old magazines, and '70s-style decor. Overall though, touring class offers great dome cars to enjoy the view of the stunning Rocky Mountains at a relaxed pace.

After an overnight stop in bustling Prince George, we were soon crossing the Alberta border, where passengers delighted in spotting a couple of lazy grizzly bears lounging in a track-side field.

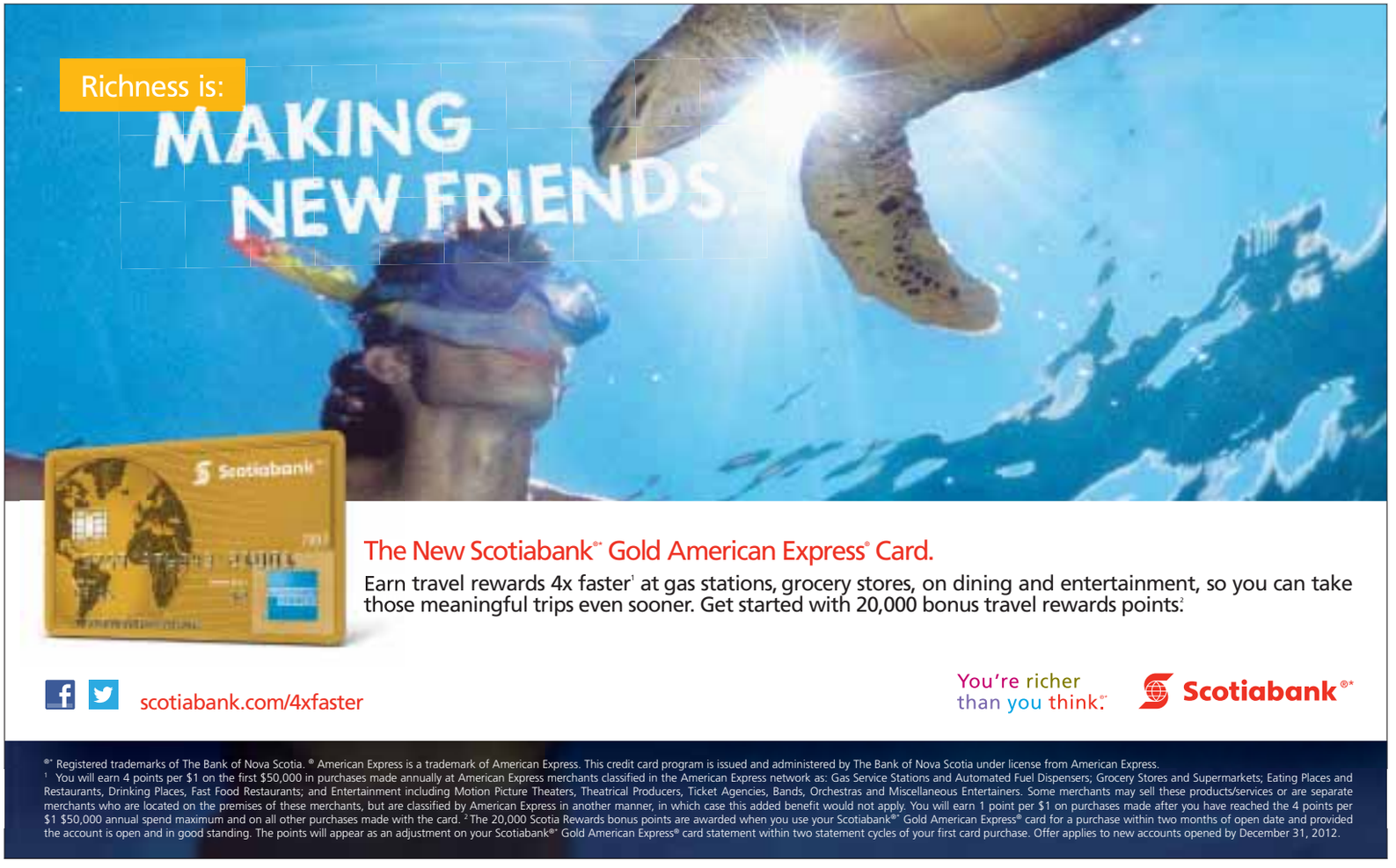
Finally, the train chugged into peaceful Jasper, where the scenery is equally spectacular.

You couldn't find a better setting to wrap up a long rail ride. At the stunning Fairmont Jasper Park Lodge, I found myself sipping a nightcap as a wild herd of giant elk slowly wandered the property, grazing just a few feet away from hotel guests.

Other cool things to do ...

- **Jetboating in Terrace.** Take a high-speed jet boat tour on the Skeena river. There's also great salmon fishing from spring through fall.
- **Ski Hundons Bay Mountain in Smithers.** Three great lifts with runs for the novice to the expert. Located just 20 minutes from downtown.

All aboard! Take the Via train through the Rockies for a wild time. DARREN PARKMAN


Richness is:
MAKING NEW FRIENDS.
Scotiabank
The New Scotiabank®* Gold American Express® Card.
Earn travel rewards 4x faster[1] at gas stations, grocery stores, on dining and entertainment, so you can take those meaningful trips even sooner. Get started with 20,000 bonus travel rewards points.[2]
scotiabank.com/4xfaster
You're richer than you think.®*
Scotiabank®*
®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express.
[1] You will earn 4 points per $1 on the first $50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations and Automated Fuel Dispensers; Grocery Stores and Supermarkets; Eating Places and Restaurants, Drinking Places, Fast Food Restaurants; and Entertainment including Motion Picture Theaters, Theatrical Producers, Ticket Agencies, Bands, Orchestras and Miscellaneous Entertainers. Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per $1 on purchases made after you have reached the 4 points per $1 $50,000 annual spend maximum and on all other purchases made with the card. [2] The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank®* Gold American Express® card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank®* Gold American Express® card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by December 31, 2012.

Not into pumpkin sweets? Try updated Lemon Meringue Pie

Lemon Meringue Custard Pie

This recipe serves four to six. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

This is a twist on a Lemon Meringue Pie — the filling has a creamier, custard-like texture. The meringue doesn't leak and holds its shape for at least two days in the fridge.

Ingredients

Makes one nine-inch pie

Crust
- 1 1/2 cups vanilla wafer crumbs (made from 3 cups vanilla wafers)
- 2 tbsp water
- 1 tbsp vegetable oil

Filling
- 1 can (14 oz) + 2/3 cup low-fat sweetened condensed milk
- 1 tbsp lemon zest
- 1/2 cup lemon juice (freshly squeezed)
- 3 egg yolks (save the whites)

Meringue
- 3 egg whites
- 2/3 cup granulated sugar
- 1/8 tsp cream of tartar
- 3 tbsp water

1. Preheat the oven 350 F. Lightly coat a 9-inch pie pan with cooking spray.

2. Crust: Combine crumbs, water and oil bowl. Pat into the sides and bottom of the pie pan.

3. Filling: Combine condensed milk, lemon zest, lemon juice and egg yolk. Let sit 10 mins. until thickened. Pour into pie pan and bake 20 mins. or just until the mixture is set.

4. Meanwhile, make the meringue. Combine egg whites, sugar, cream of tartar and water in a clean bowl. With electric beater, whip at the highest setting for about 8 mins. or until stiff peaks form. Spread over the lemon filling.

5. Increase the oven temperature to 375 F and bake for 10 minutes or until meringue is just lightly browned. Chill until cold and cut into 4 small slices.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Nutritional analysis

Per serving (1 slice)

257 calories; 5.1 g protein; 45 g carbohydrates; 0.3 g fibre; 5 g total fat; 1.9 g saturated fat; 54 mg cholesterol; 87 mg sodium

Drink of the Week

Orange, Banana and Cinnamon Slushie

For a sweet dessert in a cup, try this slushie drink with its tasty dash of cinnamon.

It's the perfect mid-day snack.

- 3 cups lightly crushed ice
- 1 cup no-pulp orange juice
- 2 bananas
- 1/2 cup agave syrup or honey
- 1/2 tsp cinnamon
- Pinch salt

Combine all ingredients in a blender.

Purée until smooth. You may need to stop the blender once or twice and stir the ingredients in order to keep them moving in the blender.

Serve immediately.

THE ASSOCIATED PRESS

Hormonal Breakouts?
Not Just a Teenage Problem!

Hormonal breakouts, such as acne that is marked by pimples, whiteheads, blackheads and cysts affect many teenagers today. But teenagers are not the only ones; acne can strike adults too - more than half of all adult women and about a quarter of adult men.

As the largest organ in the body, the skin is one of the best indicators of how healthy we are on the inside. Acne can have many underlying causes including: poor digestion and dietary intake (vitamin and mineral deficiencies), food allergies, hormonal imbalances, and stress.

Many women will typically see hormonal breakouts during their menstrual cycle due to hormonal fluctuations. Estrogen dominance due to hormone replacement therapy, the birth control pill, xenoestrogens from the environment (BPA, phthalates, parabens) or a sluggish liver can also contribute to hormonal breakouts.

EstroSense is a unique natural formula that helps maintain healthy hormone balance by supporting the liver and in turn, healthy skin. It combines key ingredients such as calcium-d-glucarate, indole-3-carbinol, sulforaphane, milk thistle and DIM for promoting liver detoxification of "bad" estrogens and excretion of harmful xenoestrogens. EstroSense also provides Tumeric, Lycopene, Rosemary and Green tea for powerful antioxidant support.

All of the above ingredients can be found in EstroSense, an excellent product for balancing hormones and providing liver support for naturally healthy skin from the inside out!

So much easier being a girl... *Like most people, I too, struggle with acne…One problem I have particularly struggled with has been my jaw line and back… That's when EstroSense entered my life and changed it for the better…After the first 3 months, my back and jaw breakouts have diminished significantly. On top of it, virtually all my PMS symptoms have almost disappeared…it's so much easier being a girl now.* Beauty Blogger Ellie S.

Ask for EstroSense at your local Health Food Store

100% MONEY BACK GUARANTEED TO WORK! 100% MONEY BACK

"I recommend EstroSense® to patients in my practice"
- Dr. Marita Schauch, BSc, ND *(Sidney, BC)*

COUPON $2 OFF EstroSense® ANY SIZE

Only at your local Health Food Store

MANUFACTURER COUPON - TO THE RETAILER: For redemption, mail to: Preferred Nutrition, 153 Perth Street, Acton, ON L7J 1C9 Expiry: December 31, 2012 Code: 05-089

Preferred Nutrition PNO.CA

CUSTOMER SIGNATURE REQUIRED FOR VALIDATION

Show me the money-related role

Take this advice to the bank. Making cents of an interview in financial services

ISHANI NATH
TalentEgg.ca

Sweaty palm syndrome can be solved by getting a handle on the job description. ISTOCK

Interviews can be scary. Between talking about your experience without talking too much, being easy-breezy but not too casual, and trying to hide your nervousness under your best business suit, there are many factors that can result in a good (or disastrous) job interview. In the financial services sector, like in many industries, the interview stage is when companies determine if you're a good fit for the job on a personal and professional level. We spoke with Nancy Moulday, manager of recruitment at TD Business Banking, to find out what sums up to a great interview in the financial services:

Know the job posting

"In preparing for the interview, it's important to take a look at those traits and behaviours that the interviewer and company are looking for," says Nancy. Therefore, she says, let the job listing be your guide when gearing up for the big day. When creating a job description, companies highlight the behaviours and skills that they're looking for in applicants. The key points outlined in the listing will give you a framework for answering some of the general questions (e.g., 'Describe your greatest success') and an opportunity to practice. Nancy adds that you should take care to not over prepare — interviewers aren't looking for the perfect answers word-for-word. Just be able to reflect back on your experiences and have examples that fit the job description at the ready.

Ask what to expect

Different jobs will require different styles of interviews. It is completely within the rights of the candidate to ask the interviewer what to expect from your interview, says Nancy. She says most companies are very up front about what form the meeting will take and are happy to share it with candidates to help them better prepare. In the financial services industry, it is particularly important to ask these questions in case testing will be involved, such as a financial statement analysis or business case review. Knowing what's involved in advance will ensure that you show up to the interview with the necessary tools (e.g., calculator, pens, etc.) and the necessary knowledge.

Bring a portfolio

Interviews are an opportunity for you to showcase how great you are, and it's important to have the paper to back it up. Nancy recommends that all candidates show up to their interviews with two copies of their resumé – one for their own review and one for the interviewer. She says you should also put together a binder or folder that contains the job listing, a cover letter, and any other documents that were specifically requested in the job description. Additional documents can include things such as proof of specific accreditation, reference letters and any previous work that you may be discussing during your interview.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Much appreciated

Get in touch!

Like my mother loves to say: "Never underestimate the power of saying thank you." Follow up with employers after each interview to thank them for their time and briefly reiterate your interest and eligibility for the open position.

In the financial services world, new hires are often working with clients or customers and, therefore, Nancy says that this type of note reflects well on the courtesy and professionalism of candidates.

CAREER TRAINING
Pursue Career Training as a Personal Support Worker
Graduate in 7 months and start a career at:
• Long-term care facilities
• Home health care agencies
• Retirement homes/ residences
www.TrainAtEverest.ca
Call Now for More Information!
1-866-777-7844
LONDON
(Citi Plaza, 2nd Floor, corner of Wellington and York)
16 Convenient Locations in Ontario
Providing Quality Education in Ontario for More Than 40 Years
Everest | COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
Programs and schedules vary by campus • Morning and afternoon classes available
Career services assistance available to graduates
Financial assistance may be available for those who qualify

WESTERVELT COLLEGE
Take your passion of caring for others & make it your career. Become a
PERSONAL SUPPORT WORKER
YOU ALREADY HAVE THE INSPIRATION & DRIVE. NOW TAKE THE NEXT STEP.
call 226.289.2231 or visit www.westerveltcollege.com

ISTOCKPHOTO/THINKSTOCK

FLICKR/CREATIVE COMMONS/MATT SHARPE

5 FABULOUS CITIES TO VISIT

Take a walk on the wild side … in these five amazing cities.

DISCOVER: MUSIC SCENE IN MONTREAL

Whether you are into French hip hop, dance clubs or live indie rock, Montreal after dark is the place to be. Head over to SAT, a slick warehouse and new media space for DJs and performance artists, Le Social, a bohemian hangout in a 19th-century mansion, or La Sala Rossa, a performance hall for touring bands. And check the paper because depending on where you are in the city, entire blocks are often closed to traffic for free concerts. Find your peeps, settle in — and let loose!

HEIGHTENED EXPERIENCE: NIGHTLIFE IN BERLIN

Berlin's nightlife is filled with wild abandon and contagious energy … people are jammed into cafés and underground bars that are spinning tunes and fun well beyond dawn. What makes it especially electrifying is all of this is happening amidst historical remnants (the German capital staged a revolution, was headquartered by Fascists and bombed to bits in the 20th century). All you have to do is surrender to the blissed-out haze of beats and booze …

DRAMATIC: BONDI BEACH IN SYDNEY

Sydney, Australia, is a maze of sandstone headlands, lazy bays — and legendary surf beaches. The most famous is Bondi Beach, which is just several kilometres from the city centre. Dunk yourself into the consistently great foaming swells for a rough-and-tumble swim (the average water temperature is 21 C). The beach is always swarming, there's lots happening in street cafés, and there are also salt-water sea baths at either end of the beach.

PUSHING BOUNDARIES: EDGY CAMDEN TOWN IN LONDON

Camden Town is where it's happening in London, England. This area has been the centre of alternative culture since the '60s, and today it's a grungy paradise for Goths, punks and everyone in between. Check out the world-famous Camden Market for one-off clothing finds as well as lots of food stalls from around the world. Camden Town is also home to Abbey Road Studios and a slew of music venues and shops that reflect London's amazing musical history.

STIMULATE: DAKHLA, MOROCCO

One of the most exotic places to feel the power of the wind as it propels you across the water on a kite board is Dakhla. This western Sahara Desert town is one of the world's greatest wind — and kite-board surfing destinations! It's located on a narrow 48-kilometre long peninsula that stretches into the Atlantic Ocean and creates a huge lagoon. It's in that sandy lagoon where beginners and pros celebrate constant winds all year, flat water, great weather and lots of space. Grab your boards and go.

DAVID DE LOSSY/PHOTODISC/THINKSTOCK

FLICKR/CREATIVE COMMONS/MICHAEL ZIMMER

5 Gum. Stimulate Your Senses.

© 2012 WM. WRIGLEY JR. COMPANY. ALL RIGHTS RESERVED. 5, COOLING PEPPERMINT, STIMULATE YOUR SENSES AND ALL AFFILIATED DESIGNS ARE TRADEMARKS USED BY WRIGLEY CANADA, LICENSEE OF THE WM. WRIGLEY JR. COMPANY.

SPORTS 4

Mobile sports

Qriket

Three-time Olympic medallist Silken Laumann is blasting Rowing Canada's decision to part ways with men's eights coach Mike Spracklen. No reasons were given, but Spracklen has had a fractious relationship with Rowing Canada for years.

Progress stalls as lockout bill climbs to $100 million

Lockout. With no bargaining sessions ahead, loss of regular-season games looms

The NHL lockout has already cost the league almost $100 million in lost revenue.

That figure will likely end up looking like chump change by the time the sport's latest labour dispute is settled.

Talks broke off quickly between the league and the NHL Players' Association on Tuesday morning, and deputy commissioner Bill Daly emerged from the meeting saying he didn't have "any progress to report." For the first time, he also revealed the extent of the damage the lockout has inflicted so far — "close to" $100 million after the cancellation of the entire pre-season schedule.

"That is not going to be recouped and that's going to cost both sides," Daly told reporters in New York. "That's unfortunate but it's a reality of where we are."

Quoted

"We're still focused on doing what we can to minimize the damage."

NHL deputy commissioner Bill Daly on the looming cancellation of regular-season games.

The revelation didn't elicit much sympathy from the union. Executive director Donald Fehr pointed out the sides could have continued negotiating past the Sept. 15 expiry of the last agreement.

"If this is a loss, this is a loss that is entirely of their own making," Fehr told The Canadian Press in an interview. "They're the ones that did this; nobody told them to."

The $100 million lost so far represents approximately three per cent of the total amount of hockey-related revenue generated last season — essentially the pool of money the sides need to agree to split up.

And the 17-day lockout hasn't yet resulted in the cancellation of any meaningful games. However, with the regular season scheduled to begin on Oct. 11, it's only a matter of time before that happens.

There are currently no other bargaining sessions planned. Fehr spoke with commissioner Gary Bettman by phone on Tuesday afternoon and is hopeful negotiations could resume in Toronto before the end of the week. THE CANADIAN PRESS

Djokovic returns to court in Beijing

Serbia's Novak Djokovic returns a shot to Michael Berrer of Germany in their men's singles match at the China Open tennis tournament in Beijing on Tuesday. Djokovic defeated Berrer 6-1, 6-7, 6-2 in his first match since losing the U.S. Open final. In the second round of the women's tournament, top-ranked Victoria Azarenka and No. 3 Agnieszka Radwanska both advanced with straight-set victories.

ANDY WONG/THE ASSOCIATED PRESS

BHi FALL STANDINGS SEASON BHi

EASTERN CONFERENCE

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
SHOCKERS	5	4	1	0	0	23	6	8
LONDON LEAFERS	4	4	0	0	0	23	9	8
MISFITS	5	3	2	0	0	10	12	6
WOLFPACK	5	2	2	0	0	7	7	5
BALL WACKERS	4	1	3	0	0	4	19	2
OUT OF GAS	5	0	5	0	0	10	24	0

WESTERN CONFERENCE

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
REBELS	5	5	0	0	0	32	6	10
HOCKEY BALBOAS	5	2	3	0	0	7	22	4
ACE HOLES	3	1	1	0	0	8	14	3
THROWBACKS	2	1	1	0	0	6	2	2
OTHER TEAM	1	1	0	0	0	5	2	2
HEADLESS HORSEMEN	4	0	4	0	0	6	18	0

CO-ED DIVISION

TEAMS	GP	W	L	T	OTL	GF	GA	PTS
SHELLY LAMBERT	2	2	0	0	0	6	6	4
HAPPY HOOKERS	2	1	0	0	1	6	5	3
LADIES of the NIGHT	2	1	0	0	1	6	6	3
THUMBS UP	2	1	0	0	1	6	6	3
FMC	2	1	1	0	0	6	4	2
NEW TEAM	2	0	1	0	1	4	7	1

YOUTH 3 STARS
1 CODY HALLET — RAIDERS — 3 GOALS, 3 ASSISTS, (HAT TRICK)
2 SAM DEBOER — CHIEFS — 3 GOALS, 1 ASSIST
3 JUSTIN WILLIAMS — VIPERS — 4 GOALS, 2 ASSISTS

ADULT 3 STARS
1 TAYLOR DUDNICK — THE NEW TEAM — 5 GOALS, (IN 1 GAME)
2 DEL PRENTICE — REBELS — 4 GOALS, 1 ASSIST (HAT TRICK)
3 JAMES KINNAIRD — HOCKEY BALBOAS — GREAT GOALTENDING

519.455.2255 WWW.BALLHOCKEYINTERNATIONAL.COM
OUTDOOR BALL HOCKEY LEAGUE

NHL

Cherry still firmly in Kadri's corner

Don Cherry can't believe how the Toronto Maple Leafs are treating prospect Nazem Kadri.

Cherry took to Twitter on Tuesday to criticize how the Leafs have treated the 21-year-old former Knights centre and London native.

"I have never in my life seen a kid treated like Nazem Kadri by the Leafs," said Cherry on his account. "It started in his first training camp where he led the team in scoring but was blasted for his defensive faults."

Cherry went on to criticize Marlies coach Dallas Eakins, who publicly questioned Kadri's fitness as training camp for the AHL club began on Sept. 28.

"Now the Marlies coach comes out and rips Kadri in the newspaper saying he doesn't eat properly," said Cherry. "Imagine headlines saying he's chubby and fatso.

"If anyone wants to get a blueprint on how to destroy someone, just follow the Toronto Maple Leafs."

THE CANADIAN PRESS

Raps' new big man eager to get started

NBA. Fifth overall pick could return from calf strain later this week

MATTHEW WUEST
Metro in Halifax

Raptors rookie Jonas Valanciunas poses during media day in Toronto on Monday. TORSTAR NEWS SERVICE FILE

While the rest of his teammates bounded around the Canada Games Centre Halifax practising their shooting and fine-tuning their skills, Jonas Valanciunas was stuck at the far end of the gym, nowhere near a basketball hoop.

The prized seven-foot Toronto Raptors rookie, unable to participate on the opening day of training camp because of a calf strain, was trussed with resistance bands while working one-on-one along the sidelines with Alex McKechnie, the NBA team's director of sports science.

Valanciunas is expected to join his teammates soon — perhaps later this week — but that didn't make Tuesday any easier.

"I feel bad because I'm watching those guys running on the floor and I want to run with them," said the 20-year-old after practice, his calf strapped with enough ice to fill a small deep freeze.

"It's kind of hard, but I will be OK."

Valanciunas might have been sugar-coating his predicament for media.

"He was sending a few verbal and physical signals over to (McKechnie) today — he's not very happy with him for holding him back," said Raptors president and general manager Bryan Colangelo.

While Valanciunas is growing impatient to get started, Colangelo and the Raptors know the feeling. They drafted Valanciunas fifth overall in 2011 knowing full well they'd have to wait a year before he put on their jersey because of contractual obligations in Lithuania.

Valanciunas, who averaged 14.2 points, 7.4 rebounds and 1.9 blocks last season and was named FIBA Europe young men's player of the year for 2011, is hoped to be Toronto's future at the centre position.

Although he'll need to avoid foul trouble — something that could be a big challenge — he is expected to immediately improve the Raptors' defence and rebounding with his physicality and 257-pound frame.

Raptors head coach Dwane Casey said he's prepared to throw Valanciunas "into the fire early." There are bound to be growing pains, but Valanciunas — like everybody else involved — is eager to finally see how he measures up.

"This year is my first in the NBA," he said. "I'm really excited to be here, to see what I can do in this league."

Tennis

Nadal set to return in December

Rafael Nadal is set to make his long-awaited return to tennis at an Abu Dhabi exhibition tournament in December.

Nadal hasn't played since losing in the second round of Wimbledon in June. He is recovering from a partially torn patella tendon in his left knee.

THE ASSOCIATED PRESS

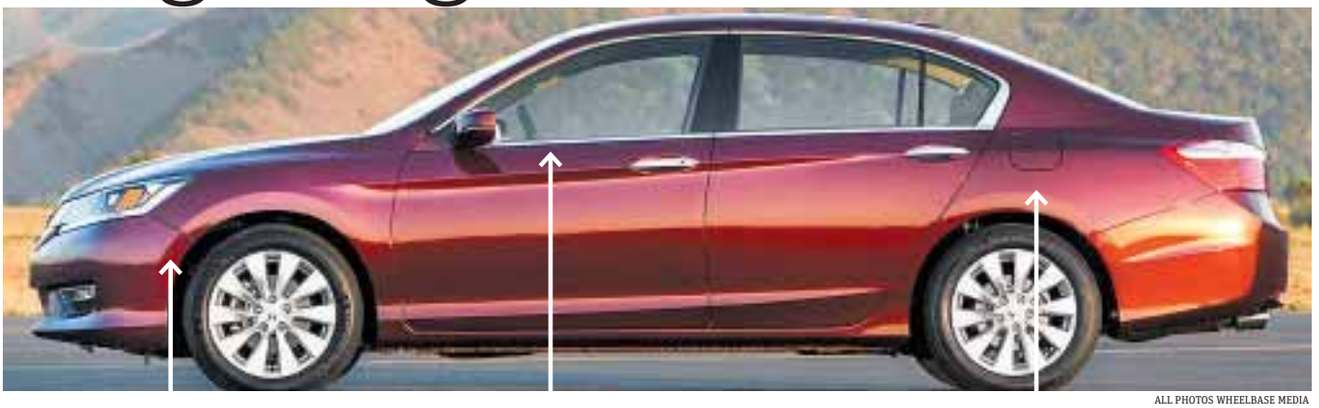
PRE-PARTY AT THE BEEF
$2.75 Bottled Beers & Mixed Drinks
5 PM TIL 8 PM EVERYDAY
TOPLESS TUESDAY - "Need We Say More?"
TEQUILA WEDNESDAY - 330ml Corona + Tequila shots $3.75 each
Beef
Baron
GENTLEMEN'S CLUB
624 York St. London 519-672-3430 beefbaronsonline.com
LONDON KNIGHTS
ticket give away every Saturday night!

AS EXHILARATING AS IT IS AFFORDABLE.
Every Certified Pre-Owned Mazda we sell comes with warranties and guarantees to ensure that you drive away fully satisfied in a quality vehicle that you can depend on.
CERTIFIED PRE-OWNED
160-Point Detailed Inspection
7-Year/140,000-Kilometre Limited Powertrain Warranty†
24-Hour Emergency Roadside Assistance
30-Day/3,000-Kilometre Exchange Privilege
CarProof® Vehicle History Report
Zero Deductible
Available Extended Coverage
0.9% APR‡
SEE DEALER FOR DETAILS
CRAFTED. ENGINEERED. CERTIFIED.
zoom-zoom
mazda

†Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. ‡0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of $15,000 financed at 0.9% over 24 months equals monthly payments of $630.88 with $0 down payment, cost of borrowing is $141.03 with a total obligation of $15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.

DRIVE 5

It's getting better all the time



ALL PHOTOS WHEELBASE MEDIA

Style

The latest Accord that's now on sale appears more svelte, with none of the excessive front overhang that marred the previous generation. The look is more proportionally balanced and shows greater attention to detail in terms of styling execution. The sedan is far more pleasing to the eye than past efforts. The coupe, on the other hand, already deemed a good looker, has undergone a more subtle transformation and remains one of the most appealing models of its type on the road.

2013 Honda Accord

- **Types.** Two- /four-door, front-wheel-drive mid-size coupe/sedan.
- **Engines (hp).** 2.4-litre DOHC I4 (185-189); 3.5-litre SOHC V6 (278); 2.0-litre DOHC I4 with 124 kilowatt electric motor (196, net).
- **Safety.** Front airbags; side-impact airbags; side-curtain airbags; anti-lock brakes; traction control; stability control.
- **Base price (incl. destination).** $25,300.

Cabin

Good looking also describes the Accord's new cabin. The artistically sculpted dashboard is a sensational piece and thankfully devoid of knob and switchgear clutter. Drivers will be particularly enamored with the clear and crisp white-on-black center gauges and the high-definition eight-inch (20- centimetre) multi-information display screen. All passengers are treated to more comfortable seating arrangements.

Fuel consumption

In explaining its CVT decision, Honda's stewards deemed it necessary to lower fuel consumption to more competitive levels, as in 7.8 l/100 km city and 5.5 highway. Those numbers are second only to the class-leading Altima's 7.4/5.0 rating.

Performance

Accords remain admirable road performers, with an enhanced feeling of sportiness and ride control. The base 2.4-litre four-cylinder (labelled "Earth Dreams") makes 185 horsepower (189 for the Sport model), up from 177. The optional 278-horsepower 3.5-litre V6 gains a mere seven ponies. Manual-transmission lovers should be pleased that the six-speed gearbox remains available with four-cylinder Accord sedans and up-level V6 coupes.

MALCOLM GUNN
Wheelbase Media

Buyers expecting the ninth-generation Accord to be bigger and bolder will need to adjust their perspective concerning one of North America's most successful sedan and coupe lines.

The U.S.-built (30 years and counting) Accord maintains a conservative presence, while undergoing a complete metamorphosis in style, features and running gear.

Paraphrasing Honda's styling director David Marek, the Accord's makeover started from the inside out to ensure that occupants were treated to as much room and style as possible. Reshaping the exterior included soliciting opinions from current Accord owners who made it clear they wanted a less bulky car that didn't sacrifice overall spaciousness.

Sounds like a tall order, but Marek's design team appear to have delivered on virtually all counts. The 2013 Accord sedan is about nine centimetres shorter and loses about 2.5 centimetres between the front and rear wheels while gaining a centimetre in width. At the same time, trunk space has increased by five per cent, thanks in part to a more compact rear suspension.

In early 2013, Honda will introduce the Accord plug-in hybrid. In this format, a 2.0-litre four-cylinder is mated with a 124-kilowatt electric motor to produce 196 net horsepower. The plug-in travels up to 24 kilometres on electric-only power, can run on grid juice at speeds up to 100 km/h and has a maximum 700-kilometre range.

The clincher is it takes three hours — a relatively short time — on standard 120-volt house current to replenish the lithium-ion battery (about 10 minutes for a 50-per-cent charge), or about an hour using a 240-volt charger. Honda plans to introduce a non-plug-in hybrid by mid-2013, giving the Accord a one-two punch in the eco-sedan category.

On the Web

Qriket

Scan code for more car reviews and news.

LONDON AUTOMOTIVE SERVICES
RUST PROOFING $59.95
MOST CARS
REPAIRS TO ALL MAKES & MODELS
OPEN
Mon-Fri 8:30-5:00PM
Sat 9:00-3:00PM
2001 Gore Rd.
London ON
(226) 234-1187

LOOKING TO BUY A PRE-OWNED VEHICLE?
Oxford Dodge has one of the widest selection of pre-owned vehicles anywhere. CALL BRAD TODAY to book a test drive and see what we mean. We're sure to have a used car, truck, mini-van or SUV ready for you on terms you can also enjoy.
SCAN WITH SMATPHONE TO VIEW FULL INVENTORY
Brad Elliott
Sales - Cell: (519) 615-5037
belliott@oxforddodge.com
OXFORD
625 Oxford Street West, London Ontario (519) 473-1010 • www.oxforddodge.com

Read metro your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

Horoscopes

♈ Aries
March 21 - April 20
You may have all the facts on your side but if you expect rivals to admit it, you will be disappointed. Some people are simply too stubborn to change their point of view. Sound like anyone you know?

♉ Taurus
April 21 - May 21
What you want to do and what others want you to do are two entirely different things. It won't be long before you are free to come and go as you please but for now you may have to follow the herd.

♊ Gemini
May 22 - June 21
You are on the verge of a major gain, so any minor setbacks you may encounter today are worth suffering. Creatively and romantically this is very much your time of year, so make sure you enjoy it.

♋ Cancer
June 22 - July 23
It's good to be romantic but watch out that attraction does not become infatuation. If you allow your love life to distract you from your work both will suffer in the long-term. Do the right thing at the right time.

♌ Leo
July 24 - Aug. 23
You are taking your money situation too seriously. From today, however, you will start to see that things are not as bad as you have allowed yourself to believe. It's strange but somehow they never are.

♍ Virgo
Aug. 24 - Sept. 23
Not everyone can be as lucky as you. Not everyone can be as smart and funny and popular. Keep that fact in mind today when engaging people you find difficult to deal with. Maybe they're just jealous.

♎ Libra
Sept. 24 - Oct. 23
You have a great future but for some reason you seem more concerned with your past at the moment. Put yesterday and last year out of your mind, completely. What's done is done and cannot be undone.

♏ Scorpio
Oct. 24 - Nov. 22
What occurs today may appeal to your zany sense of humour but try to remember that not everyone sees things the same way as you. Have a good laugh by all means but laugh with people, not at them.

♐ Sagittarius
Nov. 23 - Dec. 21
You are tempted to confide in someone you work with but the planets warn that may not be a good idea. Keep personal information to yourself over the next 24 hours. Don't give anything away.

♑ Capricorn
Dec. 22 - Jan. 20
Get away from your usual surroundings and do something that energizes you physically, mentally and emotionally. You have been pushing yourself far too hard of late. You need a break.

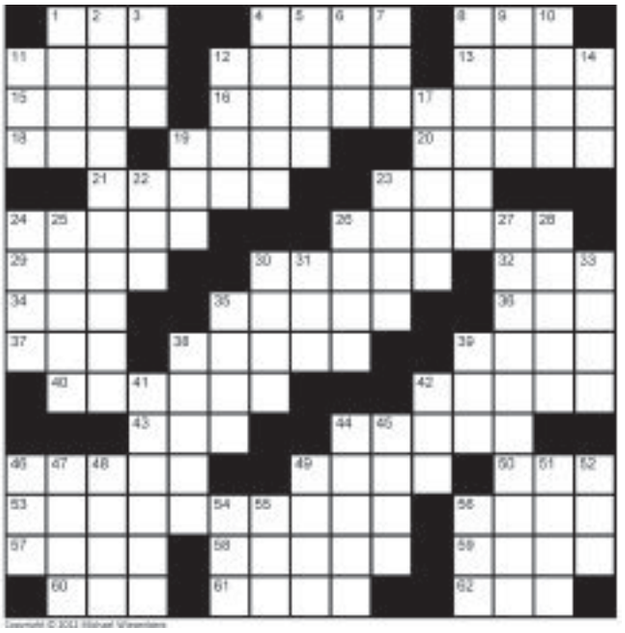
♒ Aquarius
Jan. 21 - Feb. 19
You can expect some major, maybe extraordinary things to happen between now and the end of the week. They may not always be good things but good things will come of them in some guise or other.

♓ Pisces
Feb. 20 - March 20
Everyone has standards but you need to realize that not everyone's standards will be as high as your own. If you can do that, you are less likely to get angry when others' efforts fall short of expectations.

SALLY BROMPTON

Pick Your Own Title

BY MICHAEL WIESENBERG



Across
1. Upper limb
4. Spoken
8. CD ancestors
11. *Yours* or *to you* (singular): Fr. (2 wds.)
12. "___ Billie Joe": 1967 Bobbie Gentry song (2 wds.)
13. Acorn-dropping trees
15. Deafening
16. Maritime Province (2 wds)
18. Lower limb
19. Australian birds with green eggs
20. Foe
21. Float in place
23. Boxer Muhammed ___, the former Cassius Clay
24. Carried, as by the wind
26. Edmonton NHL team
29. Make ___ with: impress someone (2 wds.)
30. Banquets
32. And so on: abbr.
34. Unhappy
35. Casting director's assignments
36. Cause surface damage to
37. Before: poetic
38. Halifax-born singer McLachlan
39. Completely naked
40. Yellowknife is 400 miles south of this Circle
42. Apply juice, as to a turkey
43. Fled on foot
44. Call off (a mission), in NASA-speak
46. Book of maps
49. All over again
50. Recede, as the Bay of Fundy tide
53. Dentifrice
56. Burn the midnight oil studying
57. Comfortable state
58. Foreigner
59. Nevada's "The Biggest Little City in the World"
60. ___ Moines, Iowa
61. Votes cast in favor
62. Not even

Down
1. Dip ___ in the water: test bath temperature (2 wds.)
2. Saskatchewan CFL team member
3. Central
4. Smell
5. Guns, as an engine
6. ___ loss for words (2 wds.)
7. ___ Angeles
8. Dollar coin
9. Appetizer spread
10. ___ milk: 0% fat
11. Everything
12. "This one's ___": "My turn to buy" (2 wds.)
14. Speak
17. Biological building blocks
19. Night before
22. Quebec neighbour: abbr.
23. Is sick
24. Air Force installation
25. Scarlett ___
26. Promise
27. "'Digitally ___": fresh copy made from the original, in a DVD or CD notice
28. Begin
30. ___ Garneau: first Canadian in outer space
31. Historic period of note
33. They were among the original inhabitants of Ontario
35. Ache
38. Hidden cache
39. Tavern
41. Packing cases
42. Acknowledge applause
44. Puts money into a poker pot before cards are dealt
45. "What's ___ happening?"
46. Consumed
47. Frog's land-based cousin
48. Be an unsuccessful gambler
49. Largest continent
51. Group of marching musicians
52. RBC competitor
54. Earnings
55. Hearty pub order
56. ___-Magnon man

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

		4	6		2			
	3					4	9	
6	7				1	8		
2		8	7				3	
				9				
	1				4	7		5
		9	4				1	7
	2	7					5	
			5		8	9		

Yesterday's Sudoku

1	3	4	9	5	6	2	8	7
9	5	7	1	8	2	6	4	3
8	6	2	3	4	7	1	5	9
4	2	9	5	6	1	7	3	8
5	7	6	2	9	3	4	1	8
3	8	1	4	7	8	9	2	5
6	1	8	7	2	5	3	9	4
7	9	3	6	1	4	5	8	2
2	4	5	8	3	9	6	7	1

Don't waste your money.
Here are some items that show
FRESHCO. is
CHEAPER
FRESHCO.
Fresher. Cheaper.
FreshCo.com
These receipts show identical items that were purchased at each respective store. The items we've selected include commonly purchased products. The specific store locations, dates, and times at which the purchases were made are shown on each receipt.

London's Airport Kia

The Power To Surprise!

THE SURPRISE LOVE EVENT

0% FINANCING ON 2013

PAY FOR 90 DAYS

ON SELECT MODELS

2013 FORTE

plus

Drop off your non-perishable food items this week for the London Food Bank.

London's Airport Kia

Come East and Spend the Least!

(519)451-5555
2284 DUNDAS ST

kialondon.ca

LIKE OUR FACEBOOK PAGE AND FOLLOW US ON TWITTER @LONDONSARPTKIA